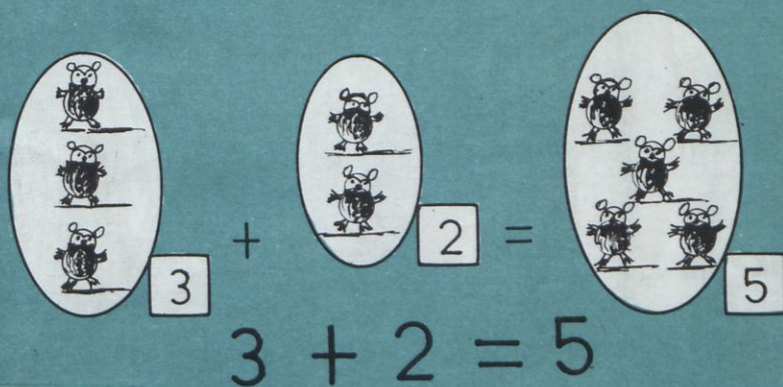


Ι. ΑΝΑΣΤΑΣΙΑΔΗ

ΤΕΤΡΑΔΙΟ ΑΡΙΘΜΗΤΙΚΗΣ

γιά τήν
Α΄ τάξη δημοτικού



002
ΚΛΣ
ΣΤ2Α
1480

ΤΕΥΧΟΣ 1ο

Κάθε γνήσιο αντίτυπο έχει την υπογραφή του συγγραφέα Ι. ΑΝΑΣΤΑΣΙΑΔΗ



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ΕΚΤΥΠΩΣΗ: lithotop - Κλεάρχου 93 - ΑΘΗΝΑ - Τηλ. 9750644

Δ 2 ΜΜΕ
Ι. ΑΝΑΣΤΑΣΙΑΔΗ

Αναστασιάδης, Ι.

ΤΕΤΡΑΔΙΟ ΑΡΙΘΜΗΤΙΚΗΣ

γιά τήν
Α΄ τάξη δημοτικού



ΤΕΥΧΟΣ 1ο

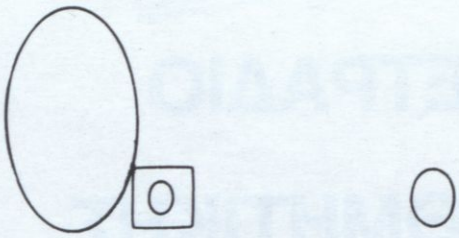


002
ΚΗΣ
ΣΤΡΑ
1480

ΜΑΘΗΜΑ 1

μάθαινω τό 0 μηδέν

Αίσθητοποίηση - Γραφή



Γράψε:

0 0 0 0 0 0 0 0 0 0

0

0

0

0

0

0

μαθαίνω τό 1

Αίσθητοποίηση-Γραφή



1

1

Γράψε:



1

1

1

1

1

1

1

1



1



1



1



1



1



1

ΜΑΘΗΜΑ 2

μαθαίνω τό 2

Αίσθητοποίηση - Γραφή



2

2

Γράψε:



2

2

2

2

2

2

2

2



2



2



2



2



2



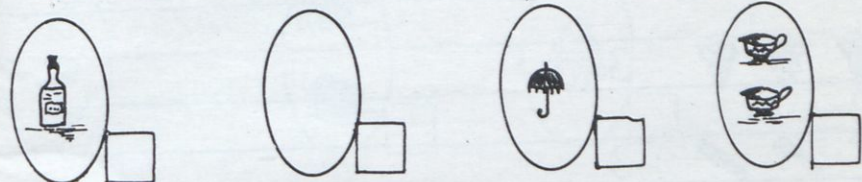
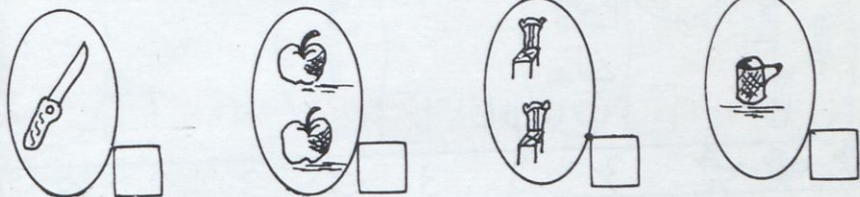
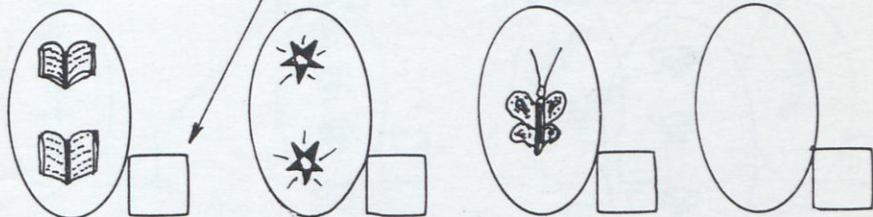
2



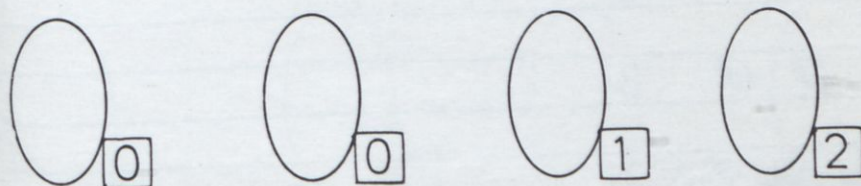
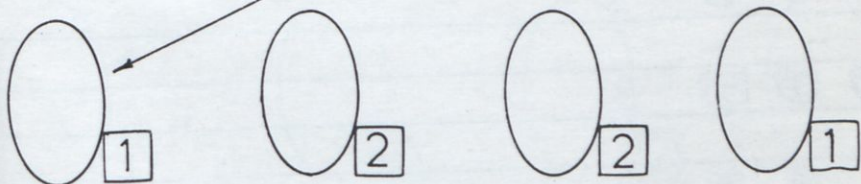
2

Επανάληψη-Άσκηση

Γράψε πόσα είναι:



Βάλε μέσα τελείες, όσες γράφει:



ΜΑΘΗΜΑ 3

μαθαίνω τό 3

Αισθητοποίηση - Γραφή



3

3

Γράψε:



3 3 3 3 3 3 3 3



3



3



3



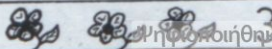
3



3



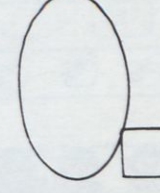
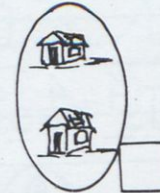
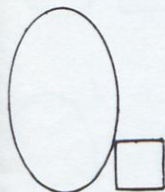
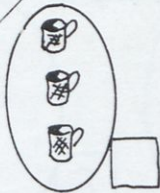
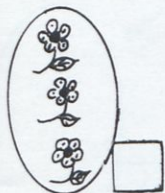
3



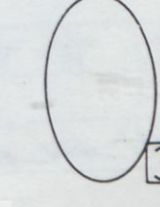
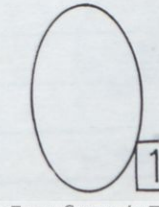
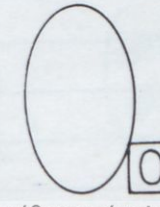
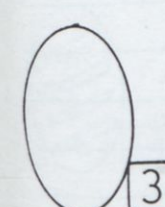
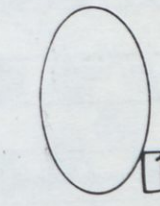
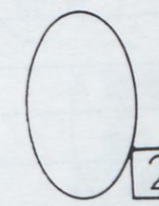
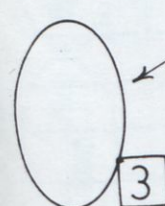
3

Επανάληψη - Άσκηση

Γράψε πόσα είναι:



Βάλε μέσα τελείες, όσες γράφει:



ΜΑΘΗΜΑ 4

μαθαίνω τό 4

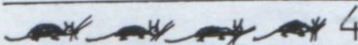
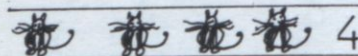
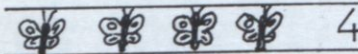
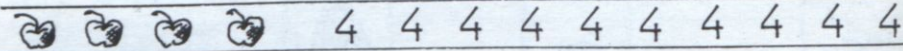
Αισθητοποίηση-Γραφή



4

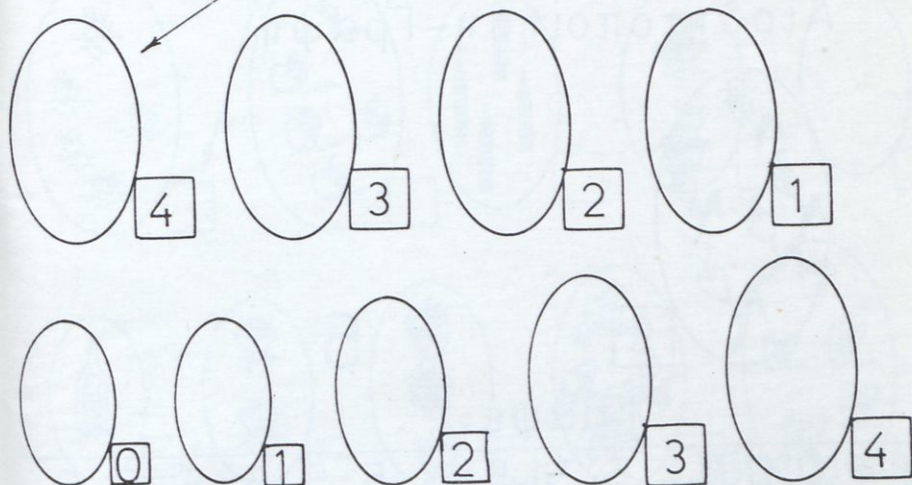
4

Γράψε:

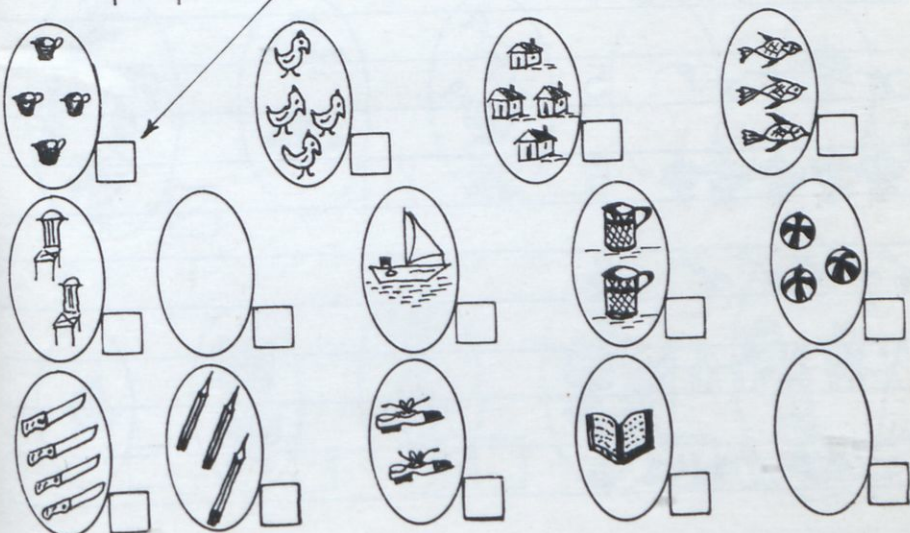


Επανάληψη-Άσκηση

Βάλε μέσα τελείες, όσες γράφει:



Γράψε πόσα είναι:



ΜΑΘΗΜΑ 5

μαθαίνω τό 5

Αίσθητοποίηση-Γραφή



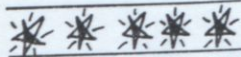
5

5

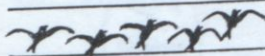
Γράψε:



5 5 5 5 5 5 5 5 5 5



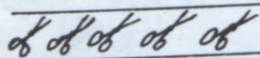
5



5



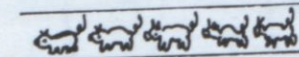
5



5



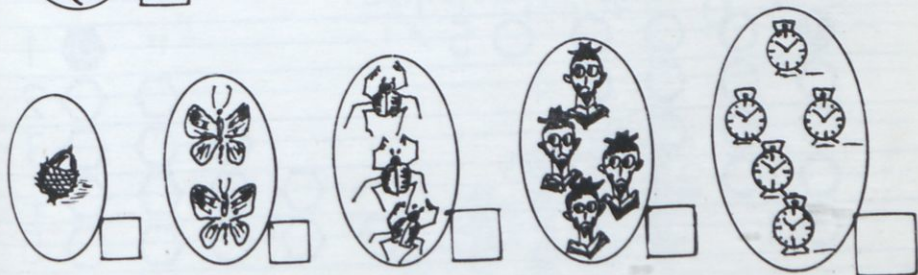
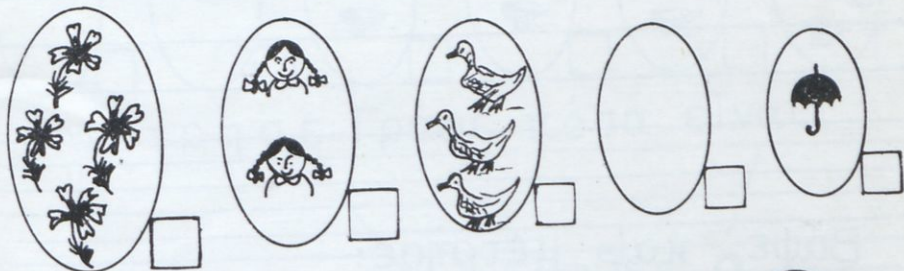
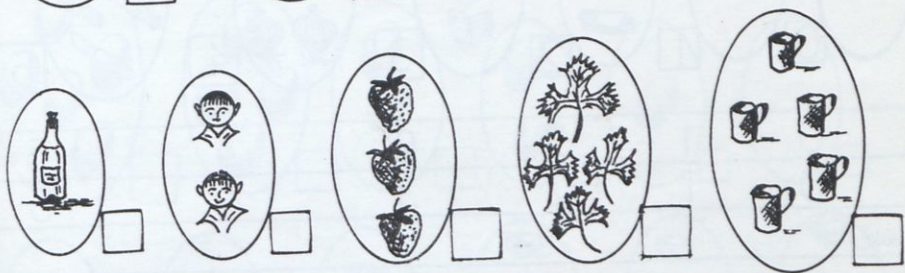
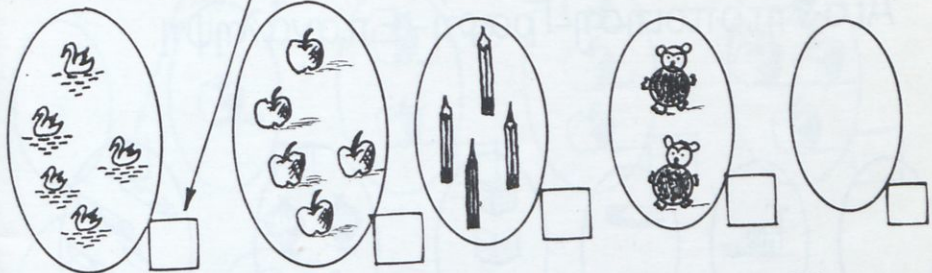
5



5

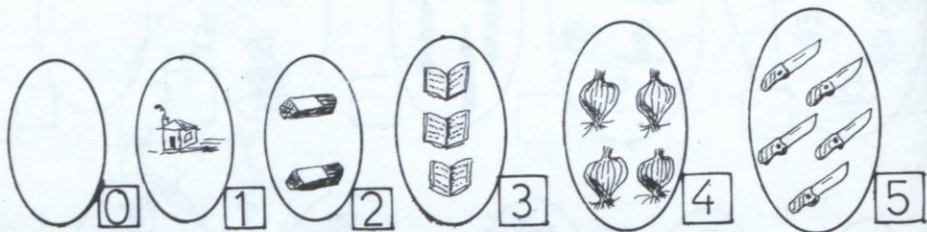
Επανάληψη-Άσκηση

Γράψε πόσα είναι:



ΜΑΘΗΜΑ 6

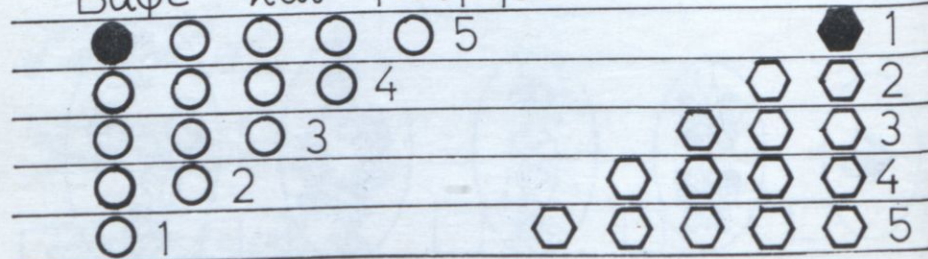
μετράω από το 0 μέχρι το 5
Αισθητοποίηση-Γραφή-Επανάληψη



0	1	2	3	4	5
0	1	2	3	4	5

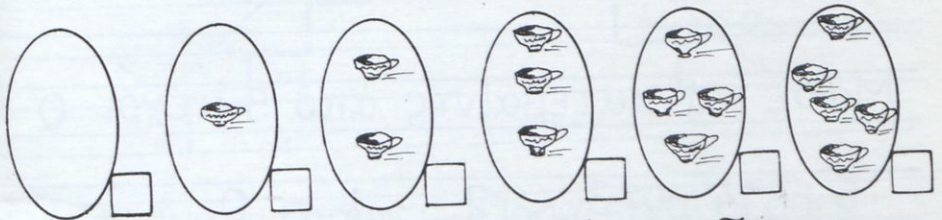
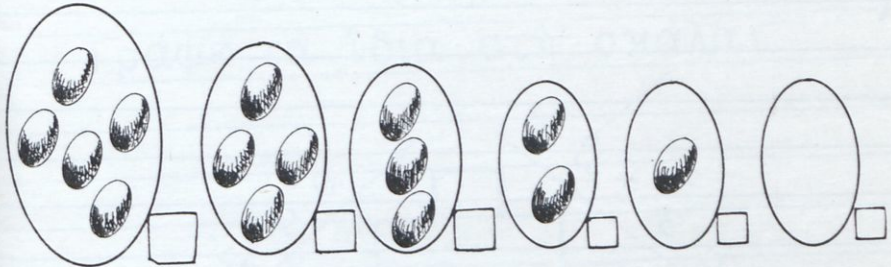
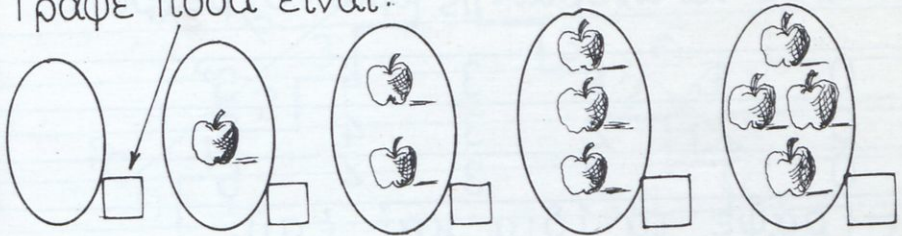
Γράψε:

Βάψε και μέτρησε:



Άσκησης

Γράψε πόσα είναι:



Μέτρησε: Γράψε πόσα είναι:

μηδέν 0



ΜΑΘΗΜΑ 7

Μάθε να ανεβαίνης από 0 μέχρι 5

0 1 2 3 4 5

0 1 2 3 4 5

0 1 2 3 4 5

▽ Γράψε τὰ ἴδια καὶ ἐσύ:

Μάθε να κατεβαίνης από 5 μέχρι 0

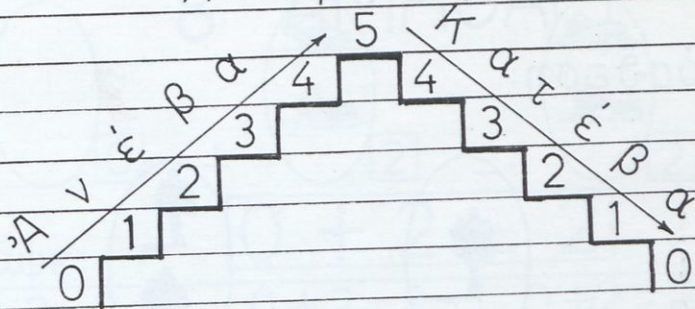
5 4 3 2 1 0

5 4 3 2 1 0

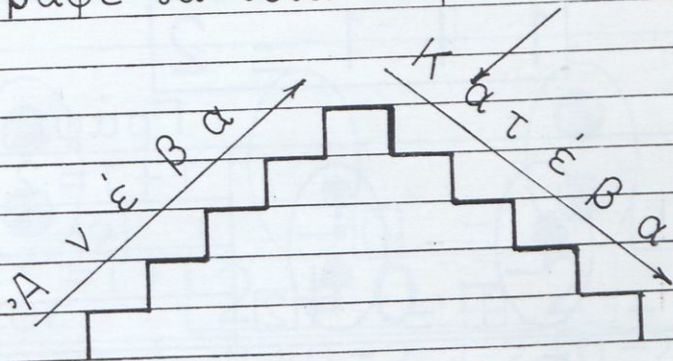
5 4 3 2 1 0

▽ Γράψε τὰ ἴδια καὶ ἐσύ:

Άσκησης

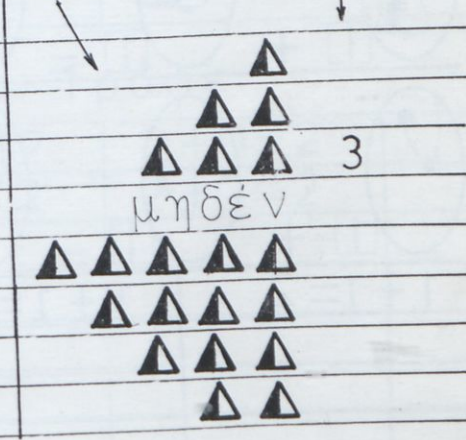
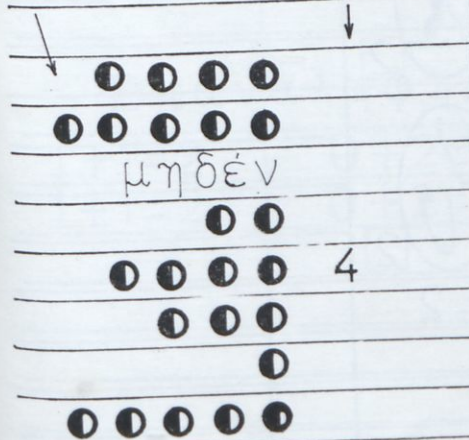


Γράψε τὰ ἴδια στή σκάλα:



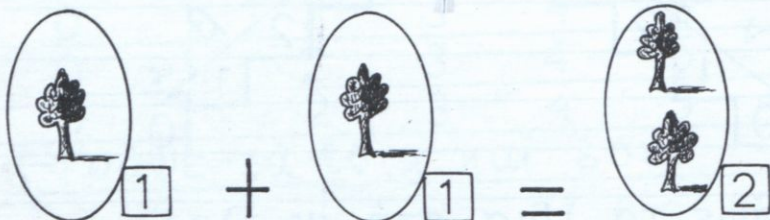
Πόσα εἶναι; Γράψε:

Πόσα εἶναι; Γράψε:



ΜΑΘΗΜΑ 8

Πρόσθεση:

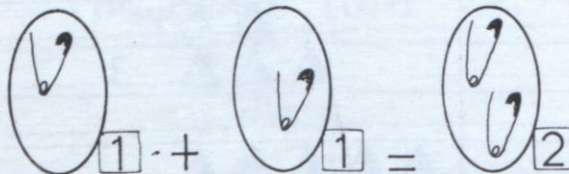
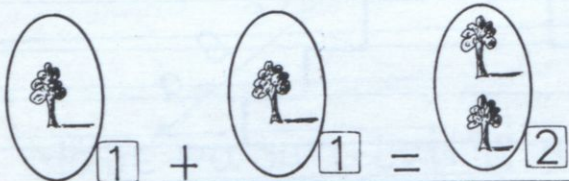


$$1 + 1 = 2$$

Γράψε:

$$1 + 1 = 2$$

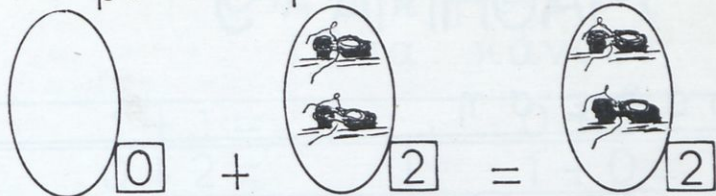
$$1 + 1 = 2$$



$$1 + 1 = 2$$

$$1 + 1 = 2$$

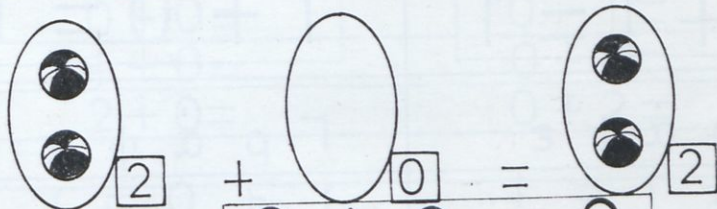
Πρόσθεση:



$$0 + 2 = 2$$

Γράψε:

$0 + 2 = 2$	$0 + 2 = 2$	$0 + 2 = 2$	



$$2 + 0 = 2$$

Γράψε:

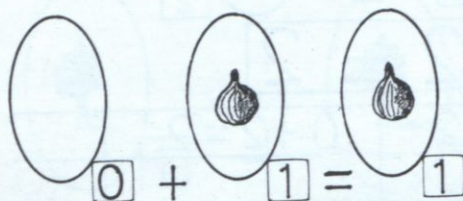
$2 + 0 = 2$	$2 + 0 = 2$	$2 + 0 = 2$	

Επανάληψη. Γράψε:

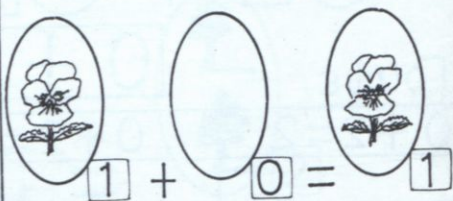
$1 + 1 = 2$	$0 + 2 = 2$	$2 + 0 = 2$	
$1 + 1 = 2$	$0 + 2 = 2$	$2 + 0 = 2$	

ΜΑΘΗΜΑ 9

Πρόσθεση



$$0 + 1 = 1$$



$$1 + 0 = 1$$

Γράψε:

$$0 + 1 = 1$$

Γράψε:

$$1 + 0 = 1$$

$$0 + 1 = 1$$

$$1 + 0 = 1$$

Άσκησης
Πόσα κάνουν;

$1 + 1 =$

$0 + 2 =$

$0 + 2 =$

$1 + 0 =$

$0 + 1 =$

$0 + 1 =$

$1 + 0 =$

$1 + 1 =$

$1 + 1 =$

$1 + 0 =$

$0 + 1 =$

$2 + 0 =$

$2 + 0 =$

$0 + 2 =$

$0 + 0 =$

$0 + 1 =$

$1 + 0 =$

$0 + 0 =$

$2 + 0 =$

$0 + 2 =$

Βάλε ότι λείπει:

$2 + \dots = 2$

$\dots + 1 = 1$

$\dots + 2 = 2$

$\dots + 1 = 2$

$1 + \dots = 1$

$\dots + 2 = 2$

$\dots + 1 = 1$

$0 + \dots = 1$

$0 + \dots = 0$

$\dots + 0 = 2$

$1 + \dots = 2$

$1 + \dots = 1$

$0 + \dots = 1$

$\dots + 0 = 1$

$\dots + 1 = 2$

$2 + \dots = 2$

$\dots + 0 = 1$

$1 + \dots = 2$

$0 + \dots = 2$

$\dots + 0 = 0$

ΜΑΘΗΜΑ 10

Αφαίρεση (διάβασε το μισό φύλλο) →

Γράψε:

$$1 - 1 = 0$$



$$1 - 1 = 0$$



$$1 - 1 = 0$$



Γράψε:

$$1 - 0 = 1$$



$$1 - 0 = 1$$



$$1 - 0 = 1$$



ΜΑ

Αφαίρεση

Αφαίρεση

Πόσα μένουν;

Γράψε:

0

Γράψε:

1 - 1 = ...

1 - 1 = ...

...

1 - 1 = ...

...

Πόσα μένουν;

Γράψε:

1

Γράψε:

1 - 0 = ...

1 - 0 = ...

...

1 - 0 = ...

...



Άσκησης

Γράψε:

Γράψε:

$1 - 1 = 0$

$1 - 0 = 1$

$1 - 1 = 0$

$1 - 0 = 1$

Πόσα μένουν;

$1 - 1 =$

$1 - 0 =$

$1 - 0 =$

$1 - 1 =$

$1 - 1 =$

$1 - 1 =$

$1 - 0 =$

$1 - 0 =$

$1 - 0 =$

$1 - 0 =$

$1 - 1 =$

$1 - 1 =$

$1 - 1 =$

$1 - 0 =$

$1 - 0 =$

$1 - 0 =$

$1 - 1 =$

$1 - 1 =$

$1 - 0 =$

$1 - 1 =$

ΜΑΘΗΜΑ

Αφαίρεση

11

Γράψε:

$$2 - 1 = 1$$



Γράψε:



Γράψε:

$$2 - 2 = 0$$



Γράψε:



Γράψε:

$$2 - 0 = 2$$



Γράψε:



Μ/Α
Αφαίρες



Αφαίρεση
Πόσα μένουν;
Γράψε: 1
Γράψε: $2 - 1 =$

$$2 - 1 =$$



...

Γράψε:

$$2 - 2 =$$

0

$$2 - 2 =$$

...



2

Γράψε:

$$2 - 0 =$$

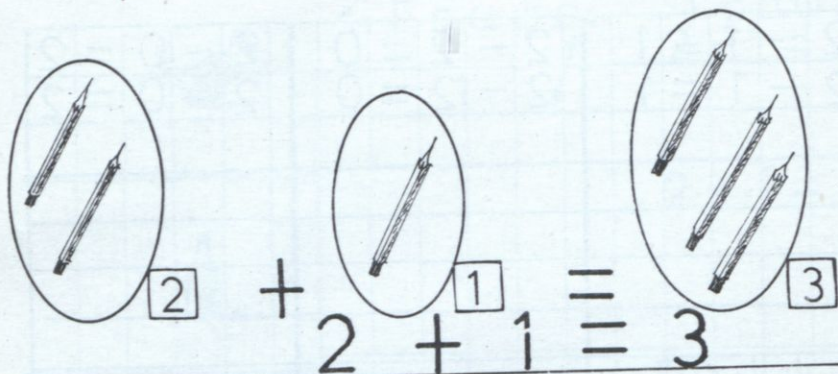


...

$$2 - 0 =$$

ΜΑΘΗΜΑ 12

Πρόσθεση.



Γράψε:

$2 + 1 = 3$

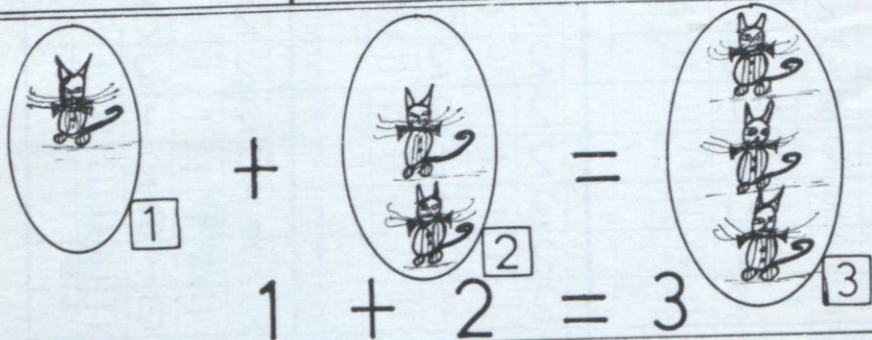
$2 + 1 = 3$

$2 + 1 = 3$

$2 + 1 = 3$

$2 + 1 = 3$

$2 + 1 = 3$



Γράψε:

$1 + 2 = 3$

$1 + 2 = 3$

$1 + 2 = 3$

$1 + 2 = 3$

$1 + 2 = 3$

$1 + 2 = 3$

Άσκήσεις Γράψε:

$$2 + 1 = 3$$
$$2 + 1 = 3$$

$$1 + 2 = 3$$
$$1 + 2 = 3$$

Πόσα κάνουν;

$$2 + 1 =$$
$$1 + 2 =$$
$$1 + 2 =$$
$$2 + 1 =$$

$$1 + 2 =$$
$$2 + 1 =$$
$$2 + 1 =$$
$$1 + 2 =$$

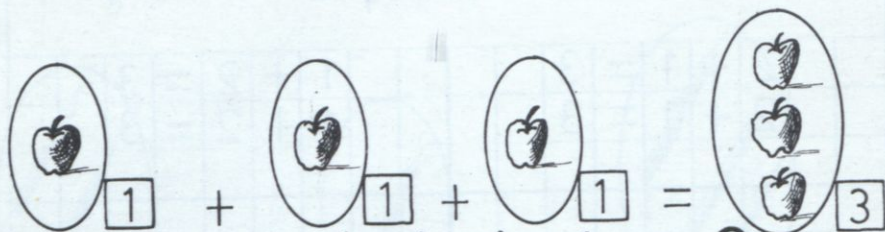
Βάλε ότι λείπει:

$$2 + \dots = 3$$
$$\dots + 2 = 3$$
$$\dots + 1 = 3$$
$$1 + \dots = 3$$
$$\dots + 2 = 3$$
$$2 + \dots = 3$$
$$1 + \dots = 3$$
$$\dots + 1 = 3$$

$$1 + \dots = 3$$
$$\dots + 2 = 3$$
$$2 + \dots = 3$$
$$\dots + 1 = 3$$
$$\dots + 2 = 3$$
$$1 + \dots = 3$$
$$\dots + 1 = 3$$
$$2 + \dots = 3$$

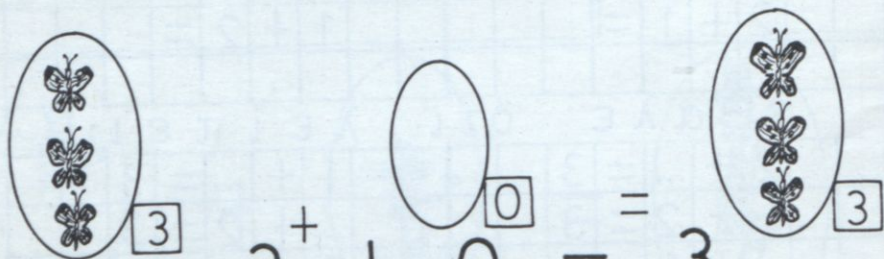
ΜΑΘΗΜΑ 13

Πρόσθεση



Γράψε: $1 + 1 + 1 = 3$

$1 + 1 + 1 = 3$	$1 + 1 + 1 = 3$	$1 + 1 + 1 = 3$
$1 + 1 + 1 = 3$	$1 + 1 + 1 = 3$	$1 + 1 + 1 = 3$



Γράψε: $3 + 0 = 3$

$3 + 0 = 3$	$3 + 0 = 3$	$3 + 0 = 3$
$3 + 0 = 3$	$3 + 0 = 3$	$3 + 0 = 3$

Άσκησης

Πόσα κάνουν;

Βάλε ό,τι λείπει:

1	+	1	+	1	=			1	+	1	+	...	=	3
		3	+	0	=					2	+	...	=	3
		2	+	1	=					1	+	...	=	3
		1	+	2	=			2	+	1	+	...	=	3
		0	+	3	=					0	+	...	=	3
2	+	0	+	1	=					...	+	2	=	3
1	+	0	+	2	=					3	+	...	=	3
2	+	1	+	0	=					...	+	1	=	3

Επανάληψη - Άσκησης

Πόσα κάνουν;

		1	+	1	=			1	+	2	+	0	=	
		0	+	2	=					1	+	1	=	
		3	+	0	=			1	+	1	+	1	=	
		2	+	0	=					0	+	0	=	
		1	+	0	=					2	+	0	=	
		0	+	2	=			1	+	1	+	0	=	
		0	+	1	=			2	+	0	+	1	=	
		0	+	3	=					2	+	1	=	
		2	+	1	=					1	+	2	=	
		1	+	2	=					3	+	0	=	
		0	+	0	=					1	+	0	=	

ΜΑΘΗΜΑ 14

Αφαίρεση

Γράψε:

$$3 - 1 = 2$$



$$3 - 1 = 2$$



$$3 - 1 = 2$$



Γράψε:

$$3 - 2 = 1$$



$$3 - 2 = 1$$



$$3 - 2 = 1$$



5

$2 = 1$

$2 = 1$

Πλάγιασε τό φύλλο

← αριστερά

υ ν;

$1 =$

$2 =$

$2 =$

$1 =$

$1 =$

$2 =$

$1 =$

$1 =$

$2 =$

$1 =$



Μ

Αφαίρεση

Αφαίρε

Πόσα μένουν;
Γράψε:

Γράψε:



2

$$3 - 1 =$$



...

$$3 - 1 =$$



...

$$3 - 1 =$$



1

Γράψε:
$$3 - 2 =$$



...

$$3 - 2 =$$



...

$$3 - 2 =$$

Άσκησης

Γράψε:

$3 - 1 = 2$

$3 - 2 = 1$

$3 - 1 = 2$

$3 - 2 = 1$

Πόσα μένουν;

$3 - 2 =$

$3 - 1 =$

$3 - 2 =$

$3 - 2 =$

$3 - 1 =$

$3 - 2 =$

$3 - 2 =$

$3 - 1 =$

$3 - 1 =$

$3 - 1 =$

$3 - 1 =$

$3 - 2 =$

$3 - 2 =$

$3 - 1 =$

$3 - 1 =$

$3 - 1 =$

$3 - 2 =$

$3 - 2 =$

$3 - 2 =$

$3 - 1 =$



ΜΑΘΗΜΑ

15

Αφαίρεση

Γράψε:



$$3 - 3 = 0$$



$$3 - 3 = 0$$



$$3 - 3 = 0$$



Γράψε:

$$3 - 0 = 3$$



$$3 - 0 = 3$$



$$3 - 0 = 3$$

15

Ε:

$$3 - 0 = 3$$

$$3 - 0 = 3$$

Πλάγιασε τό φύλλο
← άριστερά

Ν Ο Υ Ν;

$$3 - 0 =$$

$$3 - 1 =$$

$$3 - 2 =$$

$$3 - 3 =$$

$$3 - 3 =$$

$$3 - 0 =$$

$$3 - 2 =$$

$$3 - 1 =$$

$$3 - 0 =$$

$$3 - 1 =$$

$$3 - 2 =$$

ΜΑ

Αφαίρε

Αφαίρεση

Πόσα μένουν;
Γράψε: $3 - 3 =$

0

$3 - 3 =$

...

$3 - 3 =$

...

Γράψε:

$3 - 0 =$



3

$3 - 0 =$



...

$3 - 0 =$



...

Άσκησης

Γράψε:

$3 - 3 = 0$

$3 - 3 = 0$

$3 - 0 = 3$

$3 - 0 = 3$

Πόσα μένουν;

$3 - 1 =$

$3 - 2 =$

$3 - 3 =$

$3 - 0 =$

$3 - 1 =$

$3 - 2 =$

$3 - 3 =$

$3 - 0 =$

$3 - 3 =$

$3 - 0 =$

$3 - 1 =$

$3 - 0 =$

$3 - 1 =$

$3 - 2 =$

$3 - 3 =$

$3 - 3 =$

$3 - 0 =$

$3 - 2 =$

$3 - 1 =$

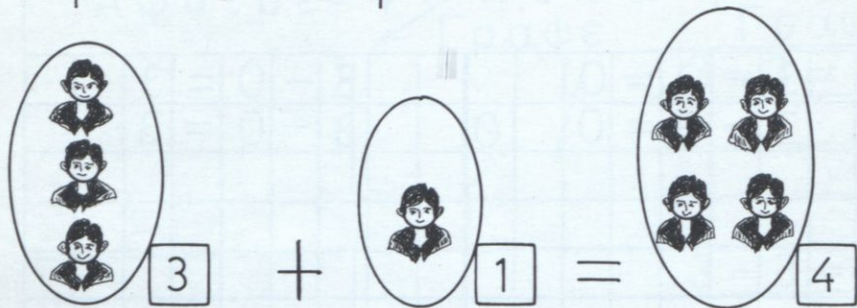
$3 - 0 =$

$3 - 1 =$

$3 - 2 =$

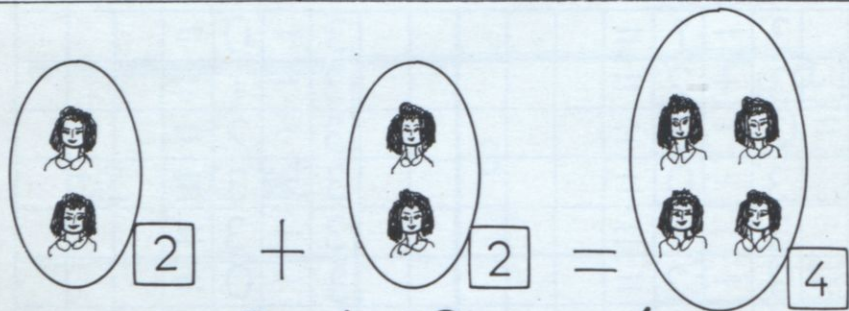
ΜΑΘΗΜΑ 16

Πρόσθεση



Γράψε: $3 + 1 = 4$

$3 + 1 = 4$	$3 + 1 = 4$	$3 + 1 = 4$



Γράψε: $2 + 2 = 4$

$2 + 2 = 4$	$2 + 2 = 4$	$2 + 2 = 4$

Ασκήσεις
Γράψε:

$3 + 1 = 4$

$2 + 2 = 4$

$3 + 1 = 4$

$2 + 2 = 4$

Πόσα κάνουν;

$3 + 1 =$

$2 + 2 =$

$2 + 2 =$

$3 + 1 =$

$2 + 2 =$

$3 + 1 =$

$3 + 1 =$

$2 + 2 =$

Βάλε ό,τι λείπει:

$3 + \dots = 4$

$2 + \dots = 4$

$2 + \dots = 4$

$3 + \dots = 4$

$\dots + 1 = 4$

$\dots + 2 = 4$

$\dots + 2 = 4$

$\dots + 1 = 4$

$\dots + 1 = 4$

$\dots + 2 = 4$

$2 + \dots = 4$

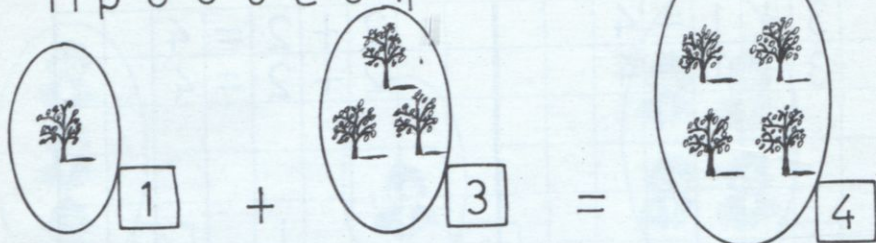
$3 + \dots = 4$

$\dots + 1 = 4$

$\dots + 2 = 4$

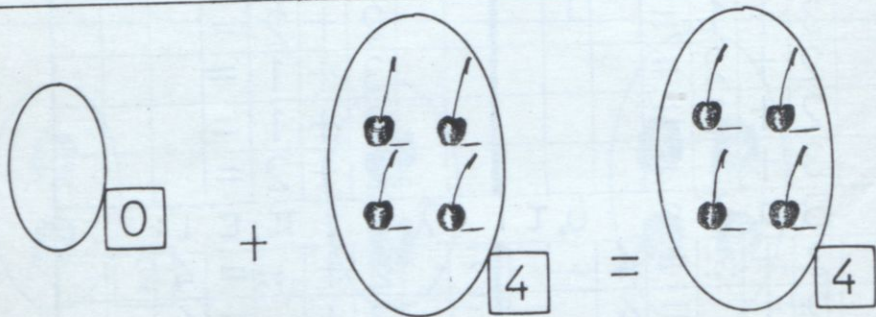
ΜΑΘΗΜΑ 17

Πρόσθεση



Γράψε: $1 + 3 = 4$

$1 + 3 = 4$	$1 + 3 = 4$	$1 + 3 = 4$



Γράψε: $0 + 4 = 4$

$0 + 4 = 4$	$0 + 4 = 4$	$0 + 4 = 4$

Δοκίμεις

Γράψε:

$1 + 3 = 4$

$1 + 3 = 4$

$0 + 4 = 4$

$0 + 4 = 4$

Πόσα κάνουν;

$1 + 3 =$

$0 + 4 =$

$4 + 0 =$

$1 + 1 + 2 =$

$1 + 2 + 1 =$

$2 + 2 =$

$3 + 1 =$

$1 + 3 =$

$2 + 1 + 1 =$

$2 + 2 + 0 =$

Βάλε ό,τι λείπει:

$3 + \dots = 4$

$2 + \dots = 4$

$1 + \dots = 4$

$0 + \dots = 4$

$4 + \dots = 4$

$2 + 0 + \dots = 4$

$\dots + 0 = 4$

$\dots + 1 = 4$

$\dots + 2 = 4$

$\dots + 3 = 4$

$\dots + 4 = 4$

$3 + \dots + 0 = 4$

ΜΑΘΗΜΑ 18

Αφαίρεση

Γράψε:

$$4 - 1 = 3$$



$$4 - 1 = 3$$



$$4 - 2 = 2$$



$$4 - 2 = 2$$



$$4 - 3 = 1$$



$$4 - 3 = 1$$



Ι Σ
άληψη:
: ν ο υ ν;

Πλάγιασε τό φύλλο

← ά ρ ι σ τ ε ρ ά

- 1 =

- 2 =

- 3 =

- 1 =

- 2 =

- 3 =

ν ο υ ν;

- 1 =

- 0 =

- 0 =

Ι Σ

1- Έπανάληψη:

- 1 =

- 2 =

+ 1 =

+ 2 =

- 2 =

- 1 =

- 3 =

+ 1 =

+ 2 =

+ 1 =

ΜΑ

Αφαίρεση

Αφαίρεση
Πόσα μένουν;

Γράψε:

Γράψε:



3

$$4 - 1 =$$



...

$$4 - 1 =$$



2

$$4 - 2 =$$



...

$$4 - 2 =$$



1

$$4 - 3 =$$



...

$$4 - 3 =$$

Ἀσκήσεις
 Ἀφαίρεση - Ἐπανάληψη:
 Πόσα μένουν;

$4 - 1 =$

$4 - 2 =$

$4 - 3 =$

$4 - 1 =$

$4 - 2 =$

$4 - 3 =$

$3 - 1 =$

$3 - 2 =$

$3 - 3 =$

$3 - 1 =$

$3 - 2 =$

$3 - 3 =$

Πόσα μένουν;

$2 - 1 =$

$2 - 2 =$

$2 - 0 =$

$1 - 1 =$

$1 - 0 =$

$0 - 0 =$

Ἀσκήσεις

Πρόσθεση καὶ ἀφαίρεση - Ἐπανάληψη:

$0 + 1 =$

$1 + 0 =$

$1 - 1 =$

$1 - 0 =$

$1 + 1 =$

$2 + 0 =$

$0 + 2 =$

$2 - 1 =$

$2 - 2 =$

$2 - 0 =$

$3 - 1 =$

$3 - 2 =$

$3 + 1 =$

$1 + 2 =$

$4 - 2 =$

$4 - 1 =$

$4 - 3 =$

$2 + 1 =$

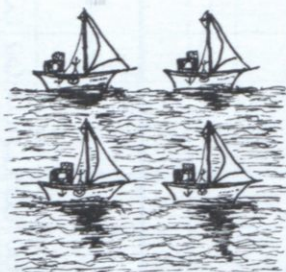
$2 + 2 =$

$3 + 1 =$

ΜΑΘΗΜΑ 19

Αφαίρεση

Γράψε:



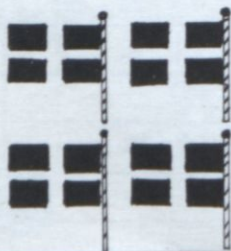
$$4 - 4 = 0$$



$$4 - 4 = 0$$



$$4 - 0 = 4$$



$$4 - 0 = 4$$

5
πανάληψη:

υ ν;

1 =

1 =

2 =

1 =

2 =

0 =

0 =

1 =

3 =

0 =

υ ν;

1 =

1 =

1 =

1 =

0 =

4 =

0 =

0 =

0 =

3 =

Πλάγιασε τό φύλλο
← αριστερά

Μ, Αφαίρεση
Αφαίρε
Πόσα μένουν;
Γράψε: Γράψε:

$$4 - 4 =$$

0

$$4 - 4 =$$

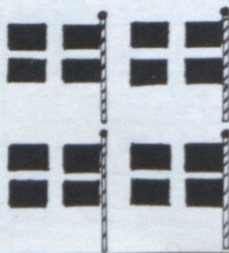
...

$$4 - 0 =$$

4

$$4 - 0 =$$

...



Άσκήσεις

Αφαίρεση και Πρόσθεση-Επανάληψη:

Πόσα μένουν;

$4 - 4 =$

$4 - 1 =$

$4 - 0 =$

$3 - 1 =$

$4 - 1 =$

$2 - 2 =$

$4 - 2 =$

$1 - 1 =$

$4 - 3 =$

$3 - 2 =$

$4 - 0 =$

$0 - 0 =$

$4 - 1 =$

$1 - 0 =$

$4 - 2 =$

$2 - 1 =$

$4 - 3 =$

$3 - 3 =$

$4 - 4 =$

$3 - 0 =$

Πόσα κάνουν;

$0 + 2 =$

$3 + 1 =$

$1 + 2 =$

$2 + 1 =$

$2 + 2 =$

$1 + 1 =$

$3 + 0 =$

$0 + 1 =$

$4 + 0 =$

$1 + 0 =$

$1 + 3 =$

$0 + 4 =$

$3 + 1 =$

$4 + 0 =$

$2 + 1 =$

$2 + 0 =$

$1 + 1 =$

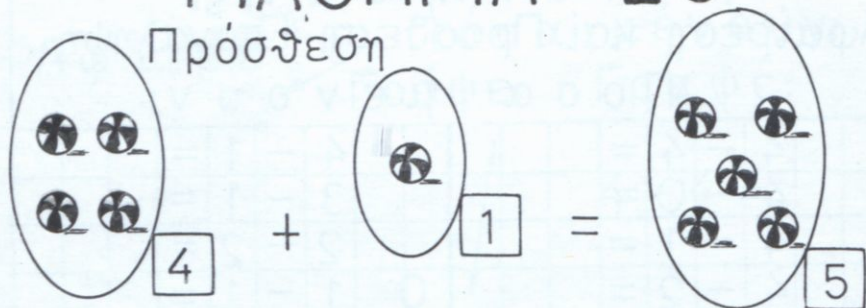
$3 + 0 =$

$0 + 0 =$

$0 + 3 =$

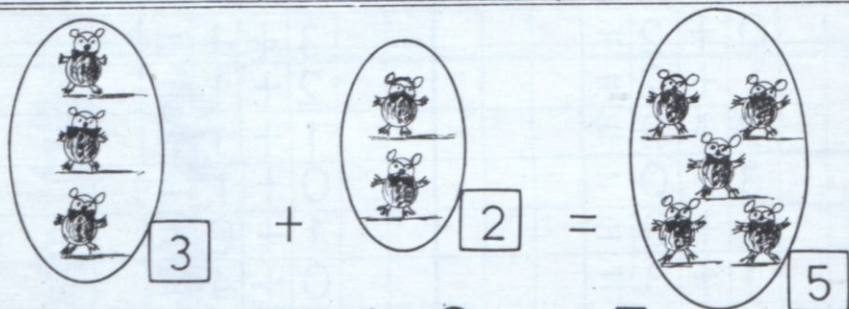
ΜΑΘΗΜΑ 20

Πρόσθεση



Γράψε: $4 + 1 = 5$

$4 + 1 = 5$	$4 + 1 = 5$	$4 + 1 = 5$
$4 + 1 = 5$	$4 + 1 = 5$	$4 + 1 = 5$



Γράψε: $3 + 2 = 5$

$3 + 2 = 5$	$3 + 2 = 5$	$3 + 2 = 5$
$3 + 2 = 5$	$3 + 2 = 5$	$3 + 2 = 5$

Ἀσκήσεις

Γράψε:

$4 + 1 = 5$

$4 + 1 = 5$

$3 + 2 = 5$

$3 + 2 = 5$

Πόσα κάνουν;

$4 + 1 =$

$3 + 2 =$

$4 + 1 =$

$3 + 2 =$

$3 + 2 =$

$4 + 1 =$

$3 + 2 =$

$4 + 1 =$

Βάλε ὅτι λείπει:

$4 + \dots = 5$

$3 + \dots = 5$

$\dots + 1 = 5$

$\dots + 2 = 5$

$3 + \dots = 5$

$4 + \dots = 5$

$\dots + 2 = 5$

$\dots + 1 = 5$

$3 + \dots = 5$

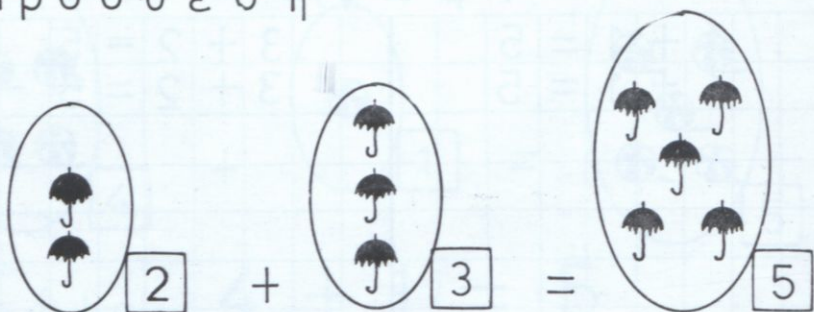
$4 + \dots = 5$

$\dots + 1 = 5$

$\dots + 2 = 5$

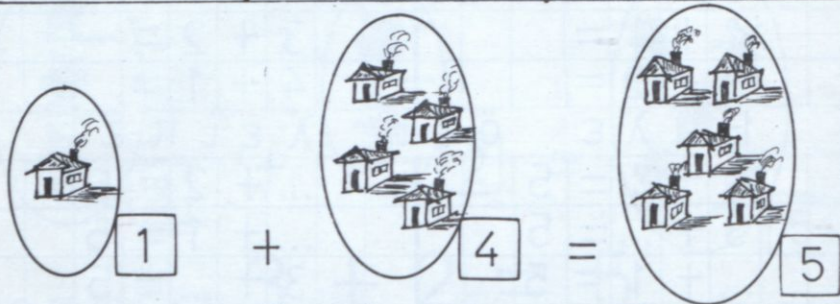
ΜΑΘΗΜΑ 21

Πρόσθεση



Γράψε: $2 + 3 = 5$

$2 + 3 = 5$	$2 + 3 = 5$	$2 + 3 = 5$
$2 + 3 = 5$	$2 + 3 = 5$	$2 + 3 = 5$



Γράψε: $1 + 4 = 5$

$1 + 4 = 5$	$1 + 4 = 5$	$1 + 4 = 5$
$1 + 4 = 5$	$1 + 4 = 5$	$1 + 4 = 5$

Άσκησης

Γράψε:

$2 + 3 = 5$

$2 + 3 = 5$

$1 + 4 = 5$

$1 + 4 = 5$

Πόσα κάνουν;

$2 + 3 =$

$1 + 4 =$

$4 + 1 =$

$3 + 2 =$

$5 + 0 =$

$3 + 1 + 1 =$

$2 + 2 + 1 =$

$1 + 1 + 2 =$

$0 + 3 + 2 =$

$4 + 1 + 0 =$

Πόσα κάνουν;

$2 + 2 =$

$1 + 1 =$

$3 + 1 =$

$0 + 2 =$

$2 + 1 =$

$3 + 2 =$

$4 + 0 =$

$1 + 2 =$

$0 + 0 =$

$1 + 3 =$

$4 + 1 =$

$0 + 5 =$

ΜΑΘΗΜΑ 22

Αφαίρεση

Γράψε:

$$5 - 1 = 4$$



$$5 - 1 = 4$$



$$5 - 2 = 3$$



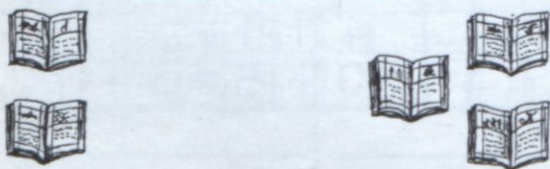
$$5 - 2 = 3$$



$$5 - 3 = 2$$



$$5 - 3 = 2$$



Πλάγιασε τό φύλλο

← αριστερά

$5 - 3 = 2$

$5 - 3 = 2$

0 υ ν;

$3 - 3 =$

$2 - 1 =$

$2 - 2 =$

$2 - 0 =$

$1 - 1 =$

π ε ι:

$... = 3$

$... = 0$

$... = 1$

$... = 2$

$... = 1$

$... = 0$

$... = 1$

Μ Αφαίρεση

Αφαίρ

Πόσα μένουν;
Γράψε: Γράψε:



4

$$5 - 1 =$$



...

$$5 - 1 =$$



3

$$5 - 2 =$$



...

$$5 - 2 =$$



2

$$5 - 3 =$$



...

$$5 - 3 =$$

Άσκήσεις

Γράψε:

$5 - 1 = 4$

$5 - 2 = 3$

$5 - 3 = 2$

$5 - 1 = 4$

$5 - 2 = 3$

$5 - 3 = 2$

Πόσα μένουν;

$5 - 1 =$

$4 - 3 =$

$3 - 3 =$

$5 - 2 =$

$4 - 4 =$

$2 - 1 =$

$5 - 3 =$

$4 - 0 =$

$2 - 2 =$

$4 - 1 =$

$3 - 1 =$

$2 - 0 =$

$4 - 2 =$

$3 - 2 =$

$1 - 1 =$

Βάλε ό,τι λείπει:

$5 - \dots = 4$

$4 - \dots = 3$

$5 - \dots = 2$

$4 - \dots = 0$

$5 - \dots = 3$

$3 - \dots = 1$

$4 - \dots = 1$

$3 - \dots = 2$

$4 - \dots = 2$

$2 - \dots = 1$

$3 - \dots = 3$

$2 - \dots = 0$

$3 - \dots = 0$

$1 - \dots = 1$

ΜΑΘΗΜΑ 23

Αφαίρεση

Γράψε:

$$5 - 4 = 1$$



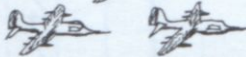
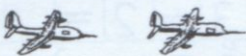
$$5 - 4 = 1$$



$$5 - 5 = 0$$



$$5 - 5 = 0$$



$$5 - 0 = 5$$



$$5 - 0 = 5$$



Πλάγιασε τό φύλλο

← αριστερά

5

Επανάληψη

ου ν;

- 4 =

- 2 =

- 0 =

- 3 =

- 1 =

- 2 =

- 0 =

- 1 =

- 0 =

- 1 =

ου ν;

+ 5 =

+ 3 =

+ 2 =

+ 0 =

+ 0 =

+ 1 =

+ 0 =

+ 3 =

+ 1 =

Μ/ Αφαίρεση

Αφαίρε

Πόσα
Γράψε:

μένουν;
Γράψε:

$$5 - 4 =$$



1
...

$$5 - 4 =$$



...

$$5 - 5 =$$

0
...

$$5 - 5 =$$

...

$$5 - 0 =$$

5
...

$$5 - 0 =$$

...

Ἀσκήσεις

Ἀφαίρεση καὶ Πρόσθεση - Ἐπανάληψη

Πόσα μένουν;

$5 - 4 =$

$5 - 5 =$

$5 - 0 =$

$5 - 3 =$

$5 - 2 =$

$5 - 1 =$

$4 - 3 =$

$4 - 0 =$

$4 - 2 =$

$4 - 1 =$

$4 - 4 =$

$3 - 2 =$

$3 - 0 =$

$3 - 3 =$

$3 - 1 =$

$2 - 2 =$

$2 - 0 =$

$2 - 1 =$

$1 - 0 =$

$1 - 1 =$

Πόσα κάνουν;

$1 + 1 =$

$1 + 4 =$

$2 + 2 =$

$1 + 3 =$

$3 + 1 =$

$2 + 1 =$

$4 + 0 =$

$3 + 2 =$

$5 + 0 =$

$0 + 5 =$

$0 + 3 =$

$1 + 2 =$

$1 + 0 =$

$2 + 0 =$

$0 + 1 =$

$3 + 0 =$

$2 + 3 =$

$4 + 1 =$

ΜΑΘΗΜΑ 24

Γενική Έπανάληψη από 0 μέχρι 5
Πρόσθεση και Αφαίρεση

0 + 1 =			0 + 2 =			0 + 3 =		
1 + 1 =			1 + 2 =			1 + 3 =		
2 + 1 =			2 + 2 =			2 + 3 =		
3 + 1 =			3 + 2 =					
4 + 1 =								

0 + 0 =			1 + 1 + 1 =		
1 + 0 =			2 + 1 + 1 =		
2 + 0 =			3 + 1 + 1 =		
3 + 0 =			1 + 1 + 2 =		
4 + 0 =			1 + 1 + 3 =		
5 + 0 =			0 + 1 + 4 =		

5 - 0 =			4 - 0 =			3 - 0 =		
5 - 1 =			4 - 1 =			3 - 1 =		
5 - 2 =			4 - 2 =			3 - 2 =		
5 - 3 =			4 - 3 =			3 - 3 =		
5 - 4 =			4 - 4 =					
5 - 5 =								

2 - 0 =			1 - 0 =		
2 - 1 =			1 - 1 =		
2 - 2 =			0 - 0 =		

Άσκήσεις

Πόσα κάνουν;

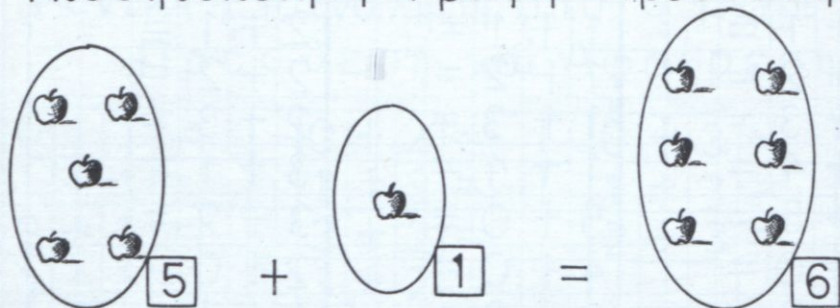
$0 + 1 =$	$1 + 1 =$	$2 + 1 =$
$0 + 2 =$	$1 + 2 =$	$2 + 2 =$
$0 + 3 =$	$1 + 3 =$	$2 + 3 =$
$0 + 4 =$	$1 + 4 =$	$3 + 1 =$
$0 + 5 =$	$5 + 0 =$	$3 + 2 =$
$0 + 0 =$	$4 + 0 =$	$2 + 0 =$
$1 + 0 =$	$3 + 0 =$	$4 + 1 =$

Πόσα μένουν;

$5 - 0 =$	$5 - 2 =$
$4 - 0 =$	$4 - 2 =$
$3 - 0 =$	$3 - 2 =$
$2 - 0 =$	$2 - 2 =$
$1 - 0 =$	$5 - 3 =$
$5 - 1 =$	$4 - 3 =$
$4 - 1 =$	$3 - 3 =$
$3 - 1 =$	$5 - 4 =$
$2 - 1 =$	$4 - 4 =$
$1 - 1 =$	$5 - 5 =$

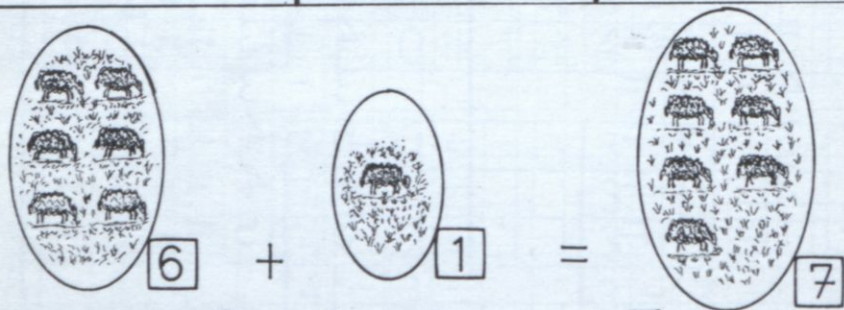
ΜΑΘΗΜΑ 25

Αίσθητοποίηση - Γραφή - Πρόσθεση



Γράψε: $5 + 1 = 6$

6, 6, 6, 6,	$5 + 1 = 6$	$5 + 1 = 6$

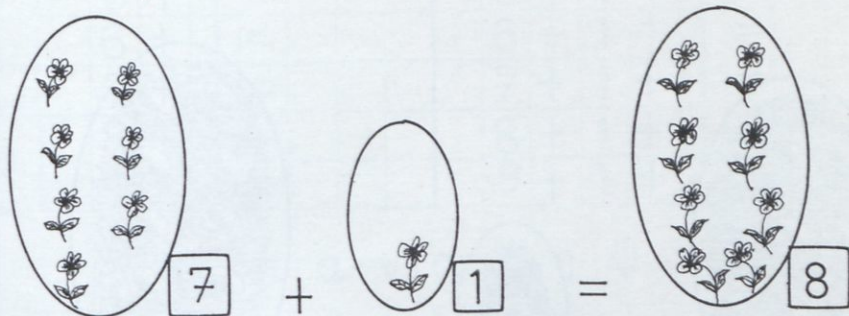


Γράψε: $6 + 1 = 7$

7, 7, 7, 7,	$6 + 1 = 7$	$6 + 1 = 7$

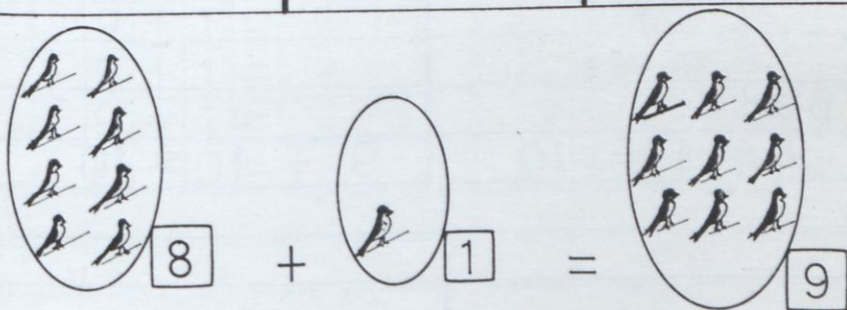
ΜΑΘΗΜΑ 26

Αίσθητοποίηση - Γραφή - Πρόσθεση



Γράψε: $7 + 1 = 8$

8, 8, 8, 8,	$7 + 1 = 8$	$7 + 1 = 8$

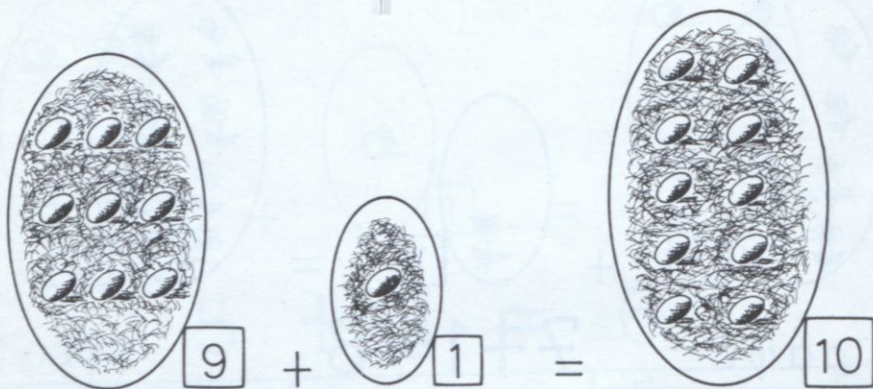


Γράψε: $8 + 1 = 9$

9, 9, 9, 9,	$8 + 1 = 9$	$8 + 1 = 9$

ΜΑΘΗΜΑ 27

Αίσθητοποίηση - Γραφή - Πρόσθεση



Γράψε: $9 + 1 = 10$

10, 10, 10, 10, 10, 10, 10, 10,

Γράψε:

$9 + 1 = 10$

$9 + 1 = 10$

Γράψε:

$5 + 1 = 6$

$7 + 1 = 8$

$9 + 1 = 10$

$6 + 1 = 7$

$8 + 1 = 9$

Άσκησης

$5 + 1 =$

$6 + 1 =$

$7 + 1 =$

$8 + 1 =$

$9 + 1 =$

$5 + 1 + 1 =$

$6 + 1 + 1 =$

$7 + 1 + 1 =$

$8 + 1 + 1 =$

$9 + 1 + 0 =$

Επανάληψη

$1 + 1 =$

$2 + 1 =$

$3 + 1 =$

$4 + 1 =$

$5 + 1 =$

$6 + 1 =$

$7 + 1 =$

$8 + 1 =$

$9 + 1 =$

$10 + 0 =$

$5 + \dots = 6$

$7 + \dots = 8$

$\dots + 1 = 5$

$\dots + 0 = 1$

$3 + \dots = 4$

$9 + \dots = 10$

$\dots + 1 = 2$

$\dots + 1 = 7$

$2 + \dots = 3$

$\dots + 1 = 9$

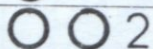
ΜΑΘΗΜΑ 28

Αίσθητοποίηση με σύγκριση

Βάψε και μέτρησε:



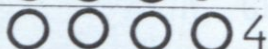
1



2



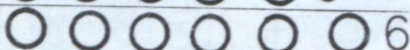
3



4



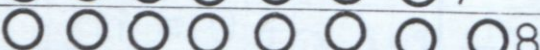
5



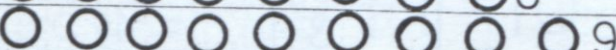
6



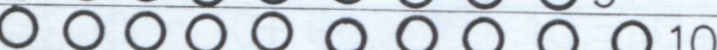
7



8



9

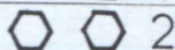


10

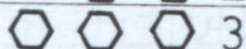
Βάψε και μέτρησε:



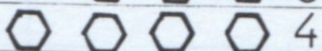
1



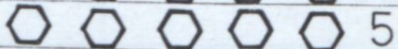
2



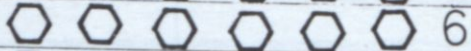
3



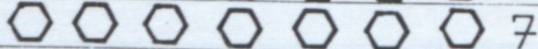
4



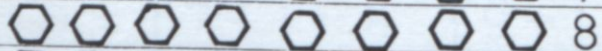
5



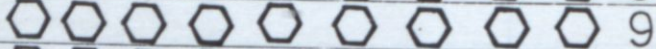
6



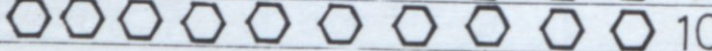
7



8



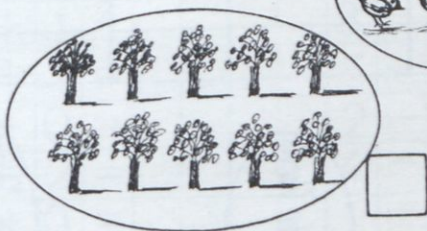
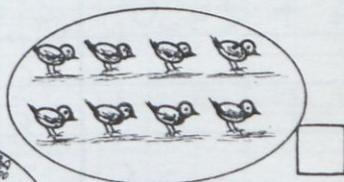
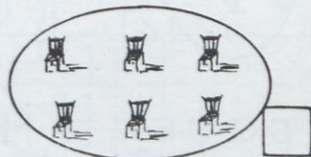
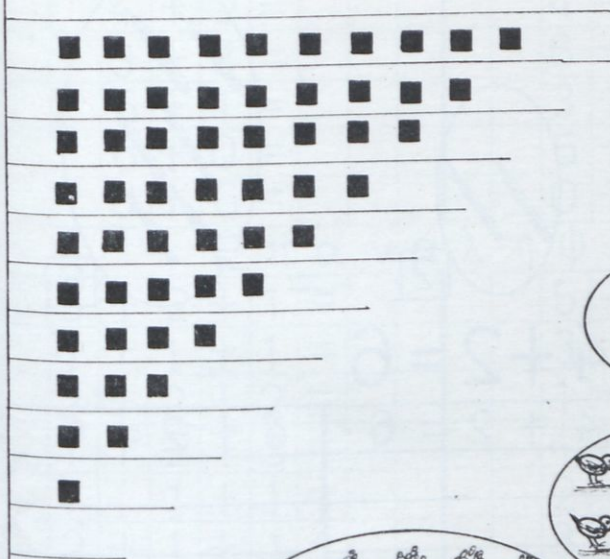
9



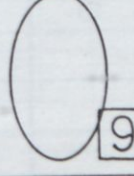
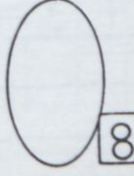
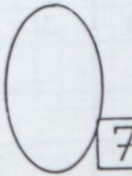
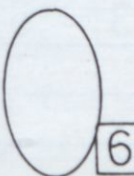
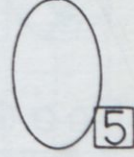
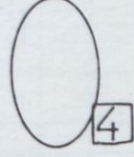
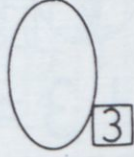
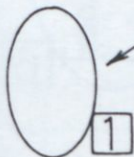
10

Άσκησεις

Γράψε δίπλα πόσα είναι:

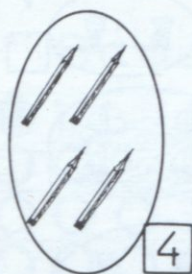


Βάλε μέσα τελείες, όσες γράφει:



ΜΑΘΗΜΑ 29

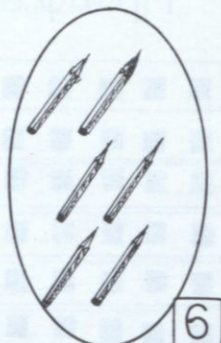
Πρόσθεση



+

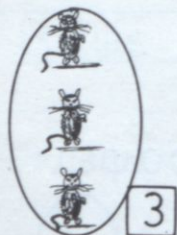


=



Γράψε: $4 + 2 = 6$

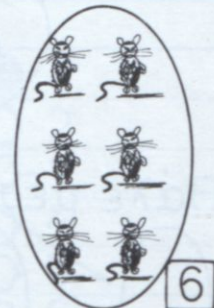
$4 + 2 = 6$	$4 + 2 = 6$	$4 + 2 = 6$



+



=



Γράψε: $3 + 3 = 6$

$3 + 3 = 6$	$3 + 3 = 6$	$3 + 3 = 6$

Άσκησης

$4 + 2 =$

$3 + 3 =$

$5 + 1 =$

$6 + 0 =$

$0 + 6 =$

$4 + \dots = 6$

$6 + \dots = 6$

$3 + \dots = 6$

$5 + \dots = 6$

$0 + \dots = 6$

Επανάληψη

$3 + 2 + 1 =$

$4 + 1 + 1 =$

$2 + 2 + 2 =$

$1 + 2 + 3 =$

$1 + 1 + 1 =$

$2 + 1 + 1 =$

$3 + 1 + 1 =$

$2 + 1 + 0 =$

$1 + 0 + 2 =$

$4 + 1 + 0 =$

$5 - 1 =$

$3 - 1 =$

$1 - 1 =$

$4 - 1 =$

$2 - 1 =$

$3 - 2 =$

$5 - 2 =$

$2 - 2 =$

$4 - 2 =$

$1 - 0 =$

$5 + 1 + 1 + 1 + 1 =$

$6 + 1 + 1 + 1 + 1 =$

$7 + 1 + 1 =$

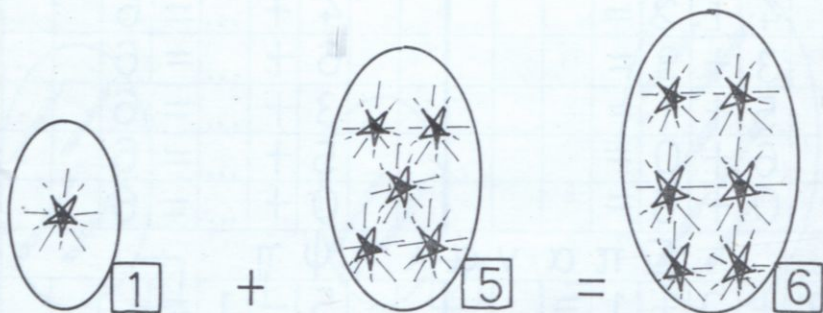
$8 + 1 =$

$8 + 1 + 1 =$

$9 + 1 =$

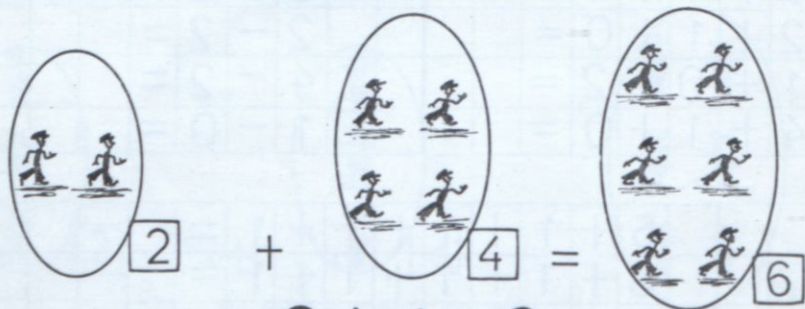
ΜΑΘΗΜΑ 30

Πρόσθεση



Γράψε: $1 + 5 = 6$

$1 + 5 = 6$	$1 + 5 = 6$	$1 + 5 = 6$



Γράψε: $2 + 4 = 6$

$2 + 4 = 6$	$2 + 4 = 6$	$2 + 4 = 6$

Άσκησης

$1 + 5 =$

$2 + 4 =$

$4 + 2 =$

$3 + 3 =$

$5 + 1 =$

$6 + 0 =$

$5 + \dots = 6$

$\dots + 2 = 6$

$3 + \dots = 6$

$\dots + 5 = 6$

$6 + \dots = 6$

$\dots + 4 = 6$

Έπαναλήψη

$1 + 1 =$

$4 + 1 =$

$1 + 2 =$

$4 + 2 =$

$3 + 3 =$

$3 + 0 =$

$6 + 0 =$

$1 + 5 =$

$2 + 1 =$

$5 + 1 =$

$2 + 2 =$

$1 + 3 =$

$1 + 0 =$

$4 + 0 =$

$1 + 4 =$

$0 + 1 =$

$3 + 1 =$

$0 + 6 =$

$3 + 2 =$

$2 + 3 =$

$2 + 0 =$

$5 + 0 =$

$2 + 4 =$

$0 + 6 =$

$5 - 1 =$

$5 - 2 =$

$5 - 3 =$

$5 - 4 =$

$5 - 5 =$

$4 - 4 =$

$4 - 3 =$

$4 - 2 =$

$4 - 1 =$

$4 - 0 =$

$3 - 1 =$

$3 - 2 =$

$3 - 3 =$

$2 - 1 =$

$2 - 2 =$

ΜΑΘΗΜΑ 31

Αφαίρεση

Γράψε:

$$6 - 1 = 5$$



$$6 - 2 = 4$$



$$6 - 3 = 3$$



$$6 - 4 = 2$$



$$6 - 5 = 1$$



$$6 - 6 = 0$$



Πλάγιασε τό φύλλο
← ἀριστερά

5

$$- 3 = 3$$

$$- 3 = 3$$

$$- 6 = 0$$

$$- 6 = 0$$

υ υ;

$$- 4 =$$

$$- 3 =$$

$$- 3 =$$

$$- 4 =$$

$$- 5 =$$

$$- 5 =$$

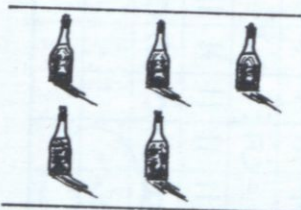
$$- 0 =$$

Μ

Αφαίρεση

Αφαίρεση
Πόσα μένουν;

Γράψε: Γράψε:



$6 - 1 =$

...



$6 - 2 =$

...



$6 - 3 =$

...



$6 - 4 =$

...



$6 - 5 =$

...

$6 - 6 =$

...

Άσκησεις

Γράψε:

$6 - 1 = 5$	$6 - 2 = 4$	$6 - 3 = 3$
$6 - 1 = 5$	$6 - 2 = 4$	$6 - 3 = 3$

Γράψε:

$6 - 4 = 2$	$6 - 5 = 1$	$6 - 6 = 0$
$6 - 4 = 2$	$6 - 5 = 1$	$6 - 6 = 0$

Πόσα μένουν;

$6 - 1 =$	$6 - 2 =$	$6 - 4 =$
$5 - 1 =$	$2 - 2 =$	$5 - 3 =$
$4 - 1 =$	$4 - 2 =$	$4 - 3 =$
$3 - 1 =$	$3 - 2 =$	$5 - 4 =$
$2 - 1 =$	$5 - 2 =$	$6 - 5 =$
$1 - 1 =$	$6 - 3 =$	$5 - 5 =$
$0 - 0 =$	$6 - 6 =$	$6 - 0 =$

ΜΑΘΗΜΑ 32

Πρόσθεση



6

+



1

=



7

Γράψε:

$6 + 1 = 7$

$6 + 1 = 7$

$6 + 1 = 7$

$6 + 1 = 7$



5

+



2

=



7

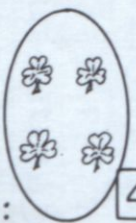
Γράψε:

$5 + 2 = 7$

$5 + 2 = 7$

$5 + 2 = 7$

$5 + 2 = 7$



4

+



3

=



7

Γράψε:

$4 + 3 = 7$

$4 + 3 = 7$

$4 + 3 = 7$

$4 + 3 = 7$

Άσκήσεις

Γράψε:

$6 + 1 = 7$

$5 + 2 = 7$

$4 + 3 = 7$

$6 + 1 = 7$

$5 + 2 = 7$

$4 + 3 = 7$

Πόσα κάνουν;

$5 + 1 + 1 =$

$1 + 2 =$

$4 + 2 + 1 =$

$2 + 2 =$

$3 + 3 + 1 =$

$3 + 2 =$

$2 + 4 + 1 =$

$4 + 2 =$

$6 + 1 + 0 =$

$5 + 2 =$

$1 + 1 =$

$1 + 3 =$

$2 + 1 =$

$2 + 3 =$

$3 + 1 =$

$3 + 3 =$

$4 + 1 =$

$4 + 3 =$

$5 + 1 =$




$1 + 4 =$

$6 + 1 =$




$2 + 4 =$

ΜΑΘΗΜΑ 33




Πρόσθεση

Γράψε:  1 +  6 =  7

$1 + 6 = 7$	$1 + 6 = 7$	$1 + 6 = 7$

Γράψε:  2 +  5 =  7

$2 + 5 = 7$	$2 + 5 = 7$	$2 + 5 = 7$

Γράψε:  3 +  4 =  7

$3 + 4 = 7$	$3 + 4 = 7$	$3 + 4 = 7$

Άσκησης

Γράψε:

$1 + 6 = 7$

$2 + 5 = 7$

$3 + 4 = 7$

$1 + 6 = 7$

$2 + 5 = 7$

$3 + 4 = 7$

Πόσα κάνουν;

$1 + 6 =$

$4 + 1 + 1 =$

$2 + 5 =$

$3 + 3 + 1 =$

$3 + 4 =$

$2 + 2 + 1 =$

$6 + 1 =$

$1 + 4 + 2 =$

$5 + 2 =$

$1 + 1 + 2 =$

$4 + 3 =$

$2 + 2 + 3 =$

$0 + 7 =$

$3 + 1 + 1 =$

$7 + 0 =$

$4 + 2 + 1 =$

Βάλε, τι λείπει:

$5 + \dots = 7$

$2 + \dots = 7$

$\dots + 3 = 7$

$\dots + 4 = 7$

$4 + \dots = 7$

$1 + \dots = 7$

$\dots + 5 = 7$

$\dots + 2 = 7$

$3 + \dots = 7$

$6 + \dots = 7$

ΜΑΘΗΜΑ 34

Αφαίρεση

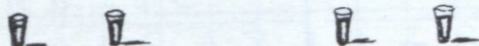
Γράψε:



$$7 - 1 = 6$$



$$7 - 2 = 5$$



$$7 - 3 = 4$$



$$7 - 4 = 3$$



$$7 - 5 = 2$$



$$7 - 6 = 1$$

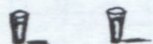
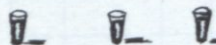
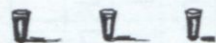


$$7 - 7 = 0$$



Μ

Αφαίρ:



Αφαίρεση

Πόσα μένουν;

Γράψε: Γράψε:

$$7 - 1 =$$

...

$$7 - 2 =$$

...

$$7 - 3 =$$

...

$$7 - 4 =$$

...

$$7 - 5 =$$

...

$$7 - 6 =$$

...

$$7 - 7 =$$

...

Άσκησης

$7 - 7 =$

$7 - 6 =$

$7 - 5 =$

$7 - 4 =$

$7 - 3 =$

$7 - 2 =$

$7 - 1 =$

$7 - 0 =$

$7 - 1 =$

$6 - 1 =$

$5 - 1 =$

$4 - 1 =$

$3 - 1 =$

$2 - 1 =$

$1 - 1 =$

$0 - 0 =$

$7 - 2 =$

$6 - 2 =$

$5 - 2 =$

$4 - 2 =$

$3 - 2 =$

$2 - 2 =$

$7 - 3 =$

$6 - 3 =$

$5 - 3 =$

$4 - 3 =$

$3 - 3 =$

$3 - 0 =$

$7 - 4 =$

$6 - 4 =$

$5 - 4 =$

$4 - 4 =$

$7 - 5 =$

$6 - 5 =$

$6 - 5 =$

$7 - 6 =$


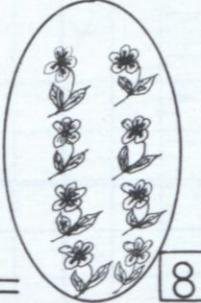

$6 - 6 =$

$7 - 7 =$


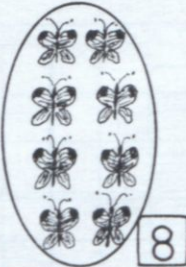

ΜΑΘΗΜΑ 35

Πρόσθεση




Γράψε:

 $7 + 1 = 8$ 




7 + 1 = 8

 $6 + 2 = 8$ 

6 + 2 = 8

 $5 + 3 = 8$ 

5 + 3 = 8

 $4 + 4 = 8$ 

4 + 4 = 8

Άσκησης

Γράψε:

$7 + 1 = 8$

$7 + 1 = 8$

$6 + 2 = 8$

$6 + 2 = 8$

Γράψε:

$5 + 3 = 8$

$5 + 3 = 8$

$4 + 4 = 8$

$4 + 4 = 8$

Πόσα κάνουν;

$2 + 1 =$

$1 + 2 =$

$1 + 3 =$

$3 + 1 =$

$2 + 2 =$

$2 + 3 =$

$4 + 1 =$

$3 + 2 =$

$3 + 3 =$

$5 + 1 =$

$4 + 2 =$

$4 + 3 =$

$6 + 1 =$

$5 + 2 =$

$5 + 3 =$

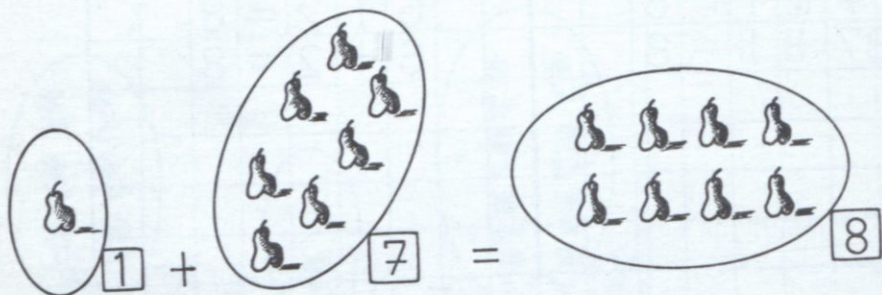
$7 + 1 =$

$6 + 2 =$

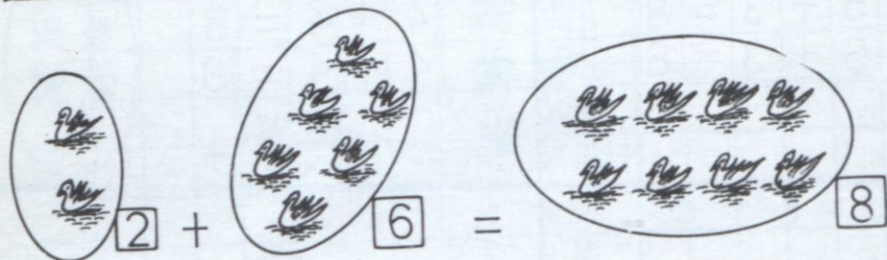
$4 + 4 =$

ΜΑΘΗΜΑ 36

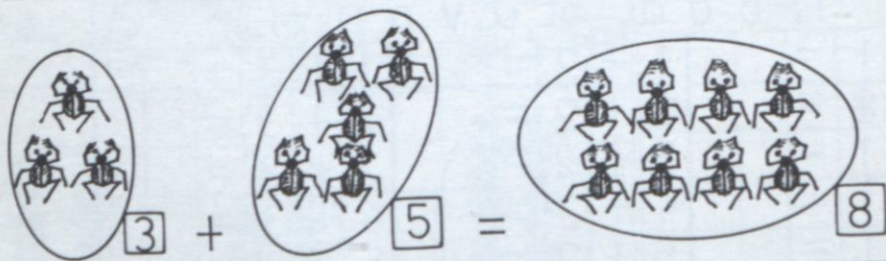
Πρόσθεση



1 + 7 = 8	1 + 7 = 8	1 + 7 = 8	1 + 7 = 8



2 + 6 = 8	2 + 6 = 8	2 + 6 = 8	2 + 6 = 8



3 + 5 = 8	3 + 5 = 8	3 + 5 = 8	3 + 5 = 8

Άσκησης

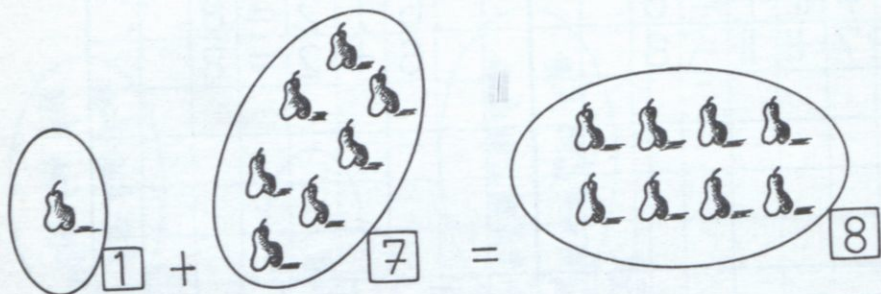
1 + 7 =	2 + 2 + 2 + 2 =
2 + 6 =	5 + 2 + 1 =
3 + 5 =	4 + 2 + 1 =
7 + 1 =	3 + 3 + 2 =
6 + 2 =	3 + 2 + 1 =
5 + 3 =	2 + 2 + 4 =
4 + 4 =	4 + 2 + 2 =

Επανάληψη

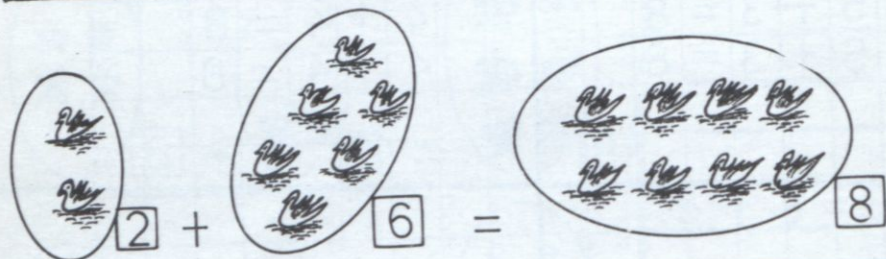
1 + 4 =	7 - 6 =
2 + 4 =	7 - 1 =
3 + 4 =	7 - 5 =
4 + 4 =	7 - 2 =
1 + 5 =	7 - 4 =
2 + 5 =	7 - 3 =
3 + 5 =	7 - 7 =
1 + 6 =	6 - 1 =
2 + 6 =	6 - 3 =
1 + 7 =	6 - 5 =
0 + 8 =	6 - 2 =
8 + 0 =	6 - 4 =

ΜΑΘΗΜΑ 36

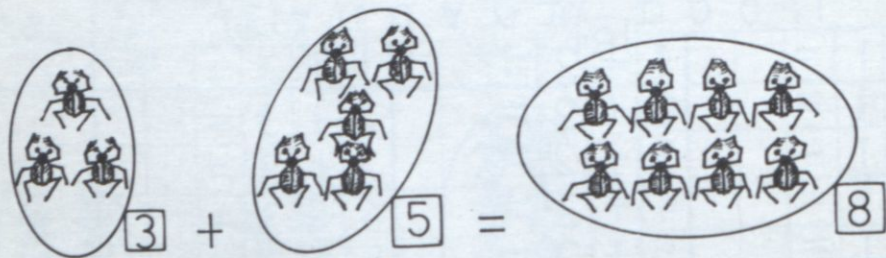
Πρόσθεση



$1 + 7 = 8$	$1 + 7 = 8$	$1 + 7 = 8$	$1 + 7 = 8$



$2 + 6 = 8$	$2 + 6 = 8$	$2 + 6 = 8$	$2 + 6 = 8$



$3 + 5 = 8$	$3 + 5 = 8$	$3 + 5 = 8$	$3 + 5 = 8$

Άσκησης

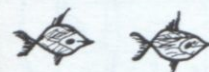
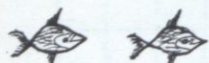
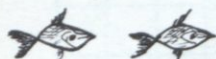
1 + 7 =		2 + 2 + 2 + 2 =	
2 + 6 =		5 + 2 + 1 =	
3 + 5 =		4 + 2 + 1 =	
7 + 1 =		3 + 3 + 2 =	
6 + 2 =		3 + 2 + 1 =	
5 + 3 =		2 + 2 + 4 =	
4 + 4 =		4 + 2 + 2 =	

Επανάληψη

1 + 4 =		7 - 6 =	
2 + 4 =		7 - 1 =	
3 + 4 =		7 - 5 =	
4 + 4 =		7 - 2 =	
1 + 5 =		7 - 4 =	
2 + 5 =		7 - 3 =	
3 + 5 =		7 - 7 =	
1 + 6 =		6 - 1 =	
2 + 6 =		6 - 3 =	
1 + 7 =		6 - 5 =	
0 + 8 =		6 - 2 =	
8 + 0 =		6 - 4 =	

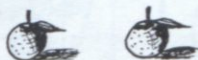
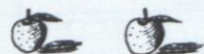
ΜΑΘΗΜΑ 37

Αφαίρεση

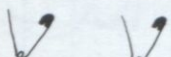


Γράψε:

$$8 - 1 = 7$$



$$8 - 2 = 6$$



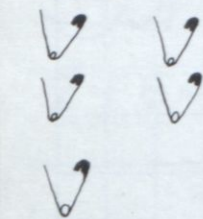
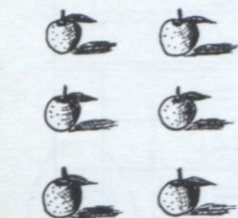
$$8 - 3 = 5$$



$$8 - 4 = 4$$

ΜΑ

Αφαίρεση



Αφαίρεση
Πόσα μένουν;

Γράψε: Γράψε:

$$8 - 1 =$$

...

$$8 - 2 =$$

...

$$8 - 3 =$$

...

$$8 - 4 =$$

...

Άσκησης

$8 - 1 =$

$7 - 1 =$

$8 - 2 =$

$7 - 2 =$

$8 - 3 =$

$7 - 3 =$

$8 - 4 =$

$7 - 4 =$

$6 - 1 =$

$5 - 1 =$

$6 - 2 =$

$5 - 2 =$

$6 - 3 =$

$5 - 3 =$

$6 - 4 =$

$5 - 4 =$

$8 - \dots = 5$

$4 - \dots = 2$

$8 - \dots = 7$

$4 - \dots = 0$

$8 - \dots = 4$

$4 - \dots = 3$

$8 - \dots = 6$

$4 - \dots = 1$

$4 + 1 =$

$3 + 2 =$

$5 + 1 =$

$4 + 2 =$

$6 + 1 =$

$5 + 2 =$

$7 + 1 =$

$6 + 2 =$

ΜΑΘΗΜΑ 38

Αφαίρεση

Γράψε:

$$8 - 5 = 3$$



$$8 - 6 = 2$$



$$8 - 7 = 1$$



$$8 - 8 = 0$$



Πλάγιασε τό φύλλο
← αριστερά

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

0	=			
---	---	--	--	--

4	=			
---	---	--	--	--

4	=			
---	---	--	--	--

4	=			
---	---	--	--	--

4	=			
---	---	--	--	--

4	=			
---	---	--	--	--

0	=			
---	---	--	--	--

+	1	=		
---	---	---	--	--

+	1	=		
---	---	---	--	--

+	1	=		
---	---	---	--	--

+	1	=		
---	---	---	--	--

+	1	=		
---	---	---	--	--

+	1	=		
---	---	---	--	--

+	1	=		
---	---	---	--	--



Μ

Αφαίρεση

Αφαίρεση

Πόσα μένουν;
Γράψε:

Γράψε:

$8 - 5 =$



...



...

$8 - 6 =$

$8 - 7 =$

...



$8 - 8 =$

...

Άσκησης

$8 - 5 =$

$8 - 2 =$

$8 - 6 =$

$7 - 2 =$

$8 - 7 =$

$6 - 2 =$

$8 - 8 =$

$5 - 2 =$

$8 - 1 =$

$4 - 2 =$

$8 - 2 =$

$3 - 2 =$

$8 - 3 =$

$2 - 2 =$

$8 - 4 =$

$8 - 0 =$

Επανάληψη

$8 - 3 =$

$8 - 4 =$

$7 - 3 =$

$7 - 4 =$

$6 - 3 =$

$6 - 4 =$

$5 - 3 =$

$5 - 4 =$

$4 - 3 =$

$4 - 4 =$

$3 - 3 =$

$4 - 0 =$

$0 + 2 =$

$2 + 2 + 1 =$

$2 + 2 =$

$3 + 3 + 1 =$

$4 + 2 =$

$4 + 2 + 1 =$

$6 + 2 =$

$5 + 2 + 1 =$

$0 + 4 =$

$6 + 1 + 1 =$

$4 + 0 =$

$5 + 1 + 1 =$

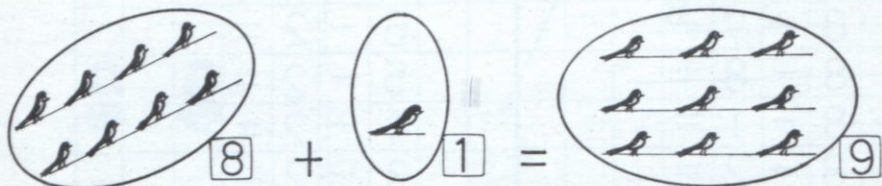
$4 + 4 =$

$4 + 3 + 1 =$

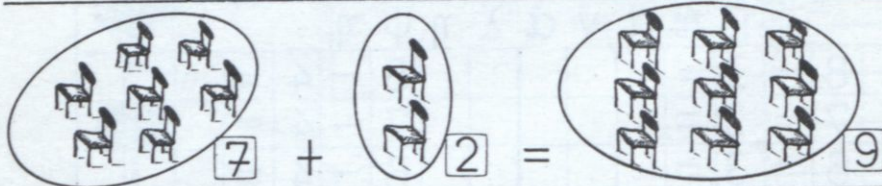


ΜΑΘΗΜΑ 39

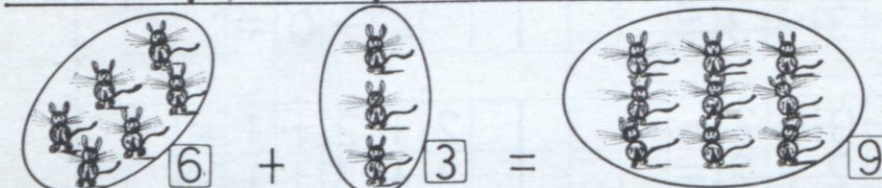
Πρόσθεση



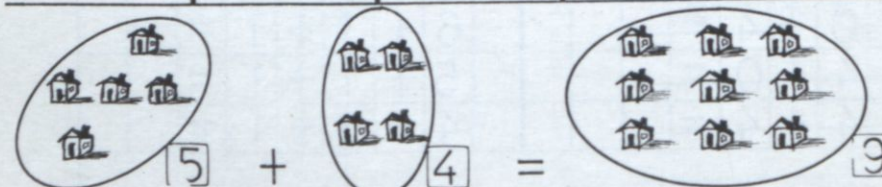
8 + 1 = 9	8 + 1 = 9	8 + 1 = 9	8 + 1 = 9	8 + 1 = 9
-----------	-----------	-----------	-----------	-----------



7 + 2 = 9	7 + 2 = 9	7 + 2 = 9	7 + 2 = 9	7 + 2 = 9
-----------	-----------	-----------	-----------	-----------



6 + 3 = 9	6 + 3 = 9	6 + 3 = 9	6 + 3 = 9	6 + 3 = 9
-----------	-----------	-----------	-----------	-----------



5 + 4 = 9	5 + 4 = 9	5 + 4 = 9	5 + 4 = 9	5 + 4 = 9
-----------	-----------	-----------	-----------	-----------

Άσκησης

Γράψε:

$8 + 1 = 9$

$8 + 1 = 9$

$7 + 2 = 9$

$7 + 2 = 9$

Γράψε:

$6 + 3 = 9$

$6 + 3 = 9$

$5 + 4 = 9$

$5 + 4 = 9$

Βάλε ό,τι λείπει:

$8 + \dots = 9$

$7 + \dots = 9$

$6 + \dots = 9$

$5 + \dots = 9$

$0 + \dots = 9$

$\dots + 3 = 9$

$\dots + 1 = 9$

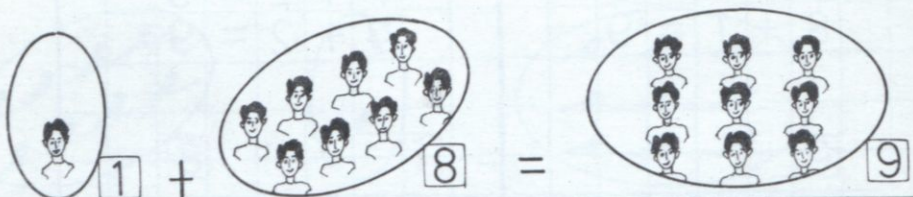
$\dots + 4 = 9$

$\dots + 9 = 9$

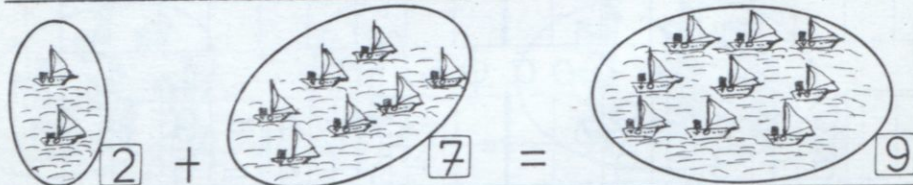
$\dots + 2 = 9$

ΜΑΘΗΜΑ 40

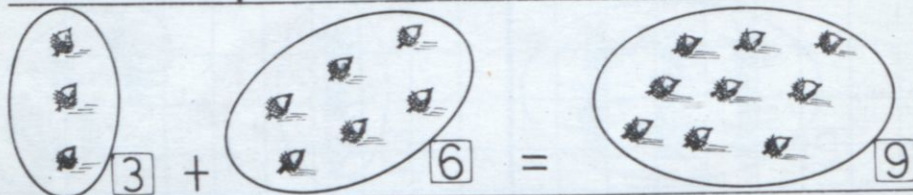
Πρόσθεση



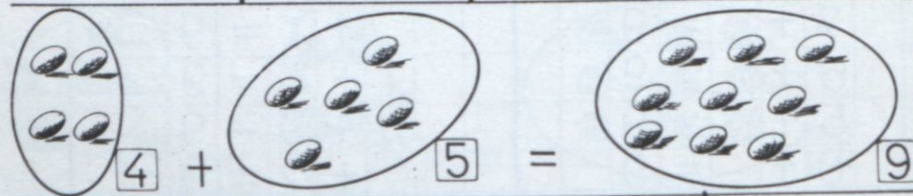
$$1 + 8 = 9$$



$$2 + 7 = 9$$



$$3 + 6 = 9$$



$$4 + 5 = 9$$

Άσκησης

Γράψε:

$1 + 8 = 9$

$1 + 8 = 9$

$2 + 7 = 9$

$2 + 7 = 9$

Γράψε:

$3 + 6 = 9$

$3 + 6 = 9$

$4 + 5 = 9$

$4 + 5 = 9$

Επανάληψη:

$... + 6 = 9$

$... + 8 = 9$

$5 + ... = 9$

$8 + ... = 9$

$... + 7 = 9$

$... + 3 = 9$

$4 + ... = 9$

$7 + ... = 9$

$3 + 3 + 3 =$

$2 + 2 + 2 =$

$4 + 3 + 2 =$

$3 + 2 + 1 =$

$5 + 3 + 1 =$

$6 + 2 + 1 =$

$5 + 2 + 1 =$

$4 + 4 + 1 =$

ΜΑΘΗΜΑ

41

Αφαίρεση

Γράψε:

$$9 - 1 = 8$$



$$9 - 2 = 7$$



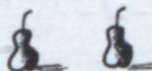
$$9 - 3 = 6$$



$$9 - 4 = 5$$



$$9 - 5 = 4$$



Πλάγιασε τό φύλλο
← άριστερά

...	=	5		
-----	---	---	--	--

...	=	7		
-----	---	---	--	--

...	=	4		
-----	---	---	--	--

...	=	8		
-----	---	---	--	--

...	=	6		
-----	---	---	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

2	=			
---	---	--	--	--

0	=			
---	---	--	--	--

4	=			
---	---	--	--	--

4	=			
---	---	--	--	--

4	=			
---	---	--	--	--

4	=			
---	---	--	--	--

4	=			
---	---	--	--	--

4	=			
---	---	--	--	--

0	=			
---	---	--	--	--

ΜΑ

Αφαίρεση

Αφαίρεση
Πόσα μένουν;
Γράψε:

Γράψε:

$$9 - 1 =$$

...

$$9 - 2 =$$

...

$$9 - 3 =$$

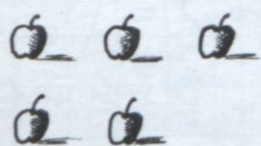
...

$$9 - 4 =$$

...

$$9 - 5 =$$

...



Άσκησης

$9 - 1 =$

$9 - \dots = 5$

$9 - 2 =$

$9 - \dots = 7$

$9 - 3 =$

$9 - \dots = 4$

$9 - 4 =$

$9 - \dots = 8$

$9 - 5 =$

$9 - \dots = 6$

Επανάληψη

$9 - 1 =$

$9 - 2 =$

$8 - 1 =$

$8 - 2 =$

$7 - 1 =$

$7 - 2 =$

$6 - 1 =$

$6 - 2 =$

$5 - 1 =$

$5 - 2 =$

$4 - 1 =$

$4 - 2 =$

$3 - 1 =$

$3 - 2 =$

$2 - 1 =$

$2 - 2 =$

$1 - 1 =$

$1 - 0 =$

$9 - 3 =$

$9 - 4 =$

$8 - 3 =$

$8 - 4 =$

$7 - 3 =$

$7 - 4 =$

$6 - 3 =$

$6 - 4 =$

$5 - 3 =$

$5 - 4 =$

$4 - 3 =$

$4 - 4 =$

$3 - 3 =$

$3 - 0 =$

ΜΑΘΗΜΑ 42

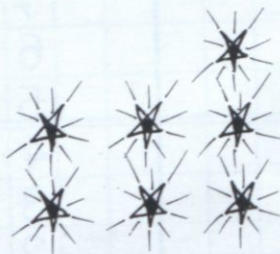
Αφαίρεση

Γράψε:

$$9 - 6 = 3$$



$$9 - 7 = 2$$



$$9 - 8 = 1$$



$$9 - 9 = 0$$



Πλάγιασε τό φύλλο
← αριστερά

...	=	2		
-----	---	---	--	--

...	=	0		
-----	---	---	--	--

...	=	3		
-----	---	---	--	--

...	=	1		
-----	---	---	--	--

2	=			
---	---	--	--	--

3	=			
---	---	--	--	--

4	=			
---	---	--	--	--

5	=			
---	---	--	--	--

4	=			
---	---	--	--	--

4	=			
---	---	--	--	--

5	=			
---	---	--	--	--

6	=			
---	---	--	--	--

3	=			
---	---	--	--	--

+	1	=		
---	---	---	--	--

+	2	=		
---	---	---	--	--

+	2	=		
---	---	---	--	--

+	1	=		
---	---	---	--	--

+	1	=		
---	---	---	--	--

+	1	=		
---	---	---	--	--

Μ

Αφαίρεση



Αφαίρεση
Πόσα μένουν;

Γράψε: Γράψε:

$$9 - 6 =$$

...

$$9 - 7 =$$



...

$$9 - 8 =$$



...

$$9 - 9 =$$

...

Άσκησης

$9 - 6 =$

$9 - \dots = 2$

$9 - 7 =$

$9 - \dots = 0$

$9 - 8 =$

$9 - \dots = 3$

$9 - 9 =$

$9 - \dots = 1$

Επανάληψη:

$9 - 1 =$

$9 - 2 =$

$8 - 2 =$

$8 - 3 =$

$7 - 3 =$

$7 - 4 =$

$6 - 4 =$

$6 - 5 =$

$5 - 5 =$

$5 - 4 =$

$9 - 3 =$

$9 - 4 =$

$8 - 4 =$

$8 - 5 =$

$7 - 5 =$

$7 - 6 =$

$6 - 6 =$

$6 - 3 =$

$6 + 1 =$

$5 + 3 + 1 =$

$5 + 4 =$

$4 + 2 + 2 =$

$4 + 2 =$

$3 + 3 + 2 =$

$3 + 5 =$

$4 + 4 + 1 =$

$2 + 3 =$

$6 + 2 + 1 =$

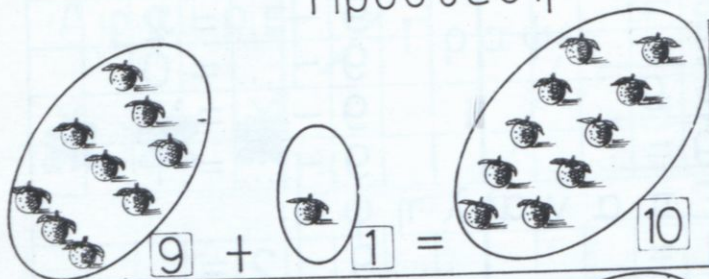
$1 + 6 =$

$7 + 1 + 1 =$

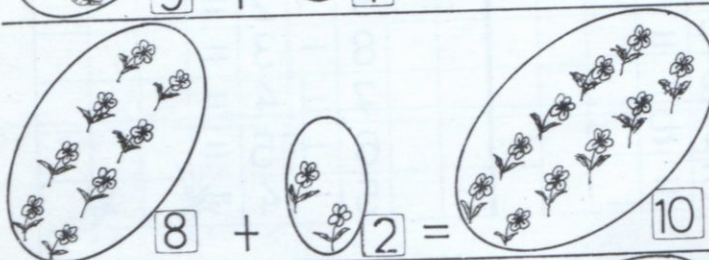
ΜΑΘΗΜΑ 43

Πρόσθεση

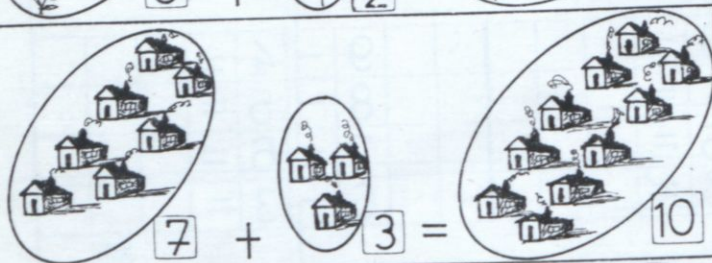
Γράψε:



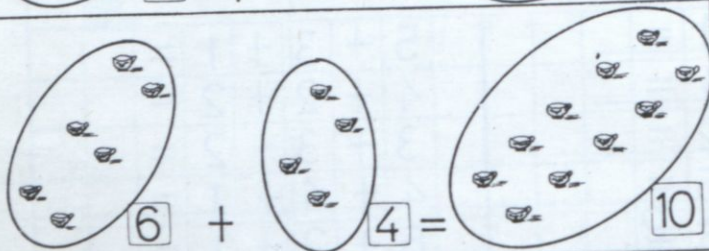
$$9 + 1 = 10$$



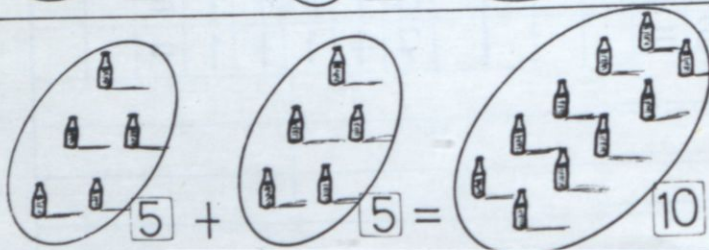
$$8 + 2 = 10$$



$$7 + 3 = 10$$



$$6 + 4 = 10$$



$$5 + 5 = 10$$

Άσκησης

Γράψε:

$9 + 1 = 10$

$8 + 2 = 10$

$7 + 3 = 10$

$9 + 1 = 10$

$8 + 2 = 10$

$7 + 3 = 10$

Γράψε:

$6 + 4 = 10$

$5 + 5 = 10$

$6 + 4 = 10$

$5 + 5 = 10$

Επανάληψη:

$1 + 1 =$

$7 + 1 =$

$5 + \dots = 10$

$2 + 1 =$

$8 + 1 =$

$\dots + 4 = 10$

$3 + 1 =$

$9 + 1 =$

$7 + \dots = 10$

$4 + 1 =$

$8 + 2 =$

$\dots + 2 = 10$

$5 + 1 =$

$7 + 3 =$

$9 + \dots = 10$

$6 + 1 =$

$6 + 4 =$

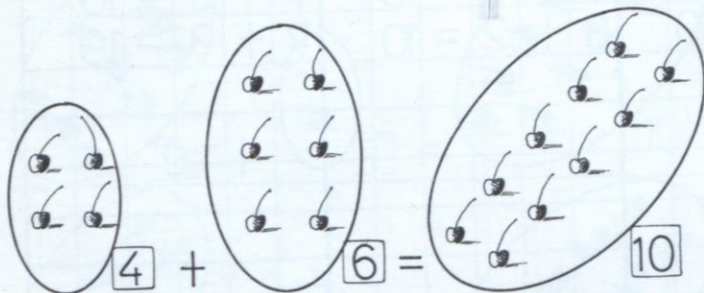
$\dots + 10 = 10$

ΜΑΘΗΜΑ 44

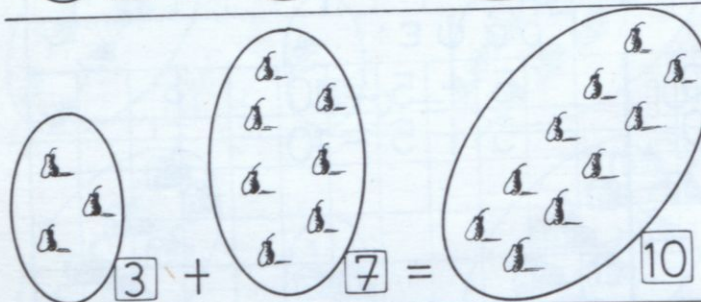
Πρόσθεση

Γράψε:

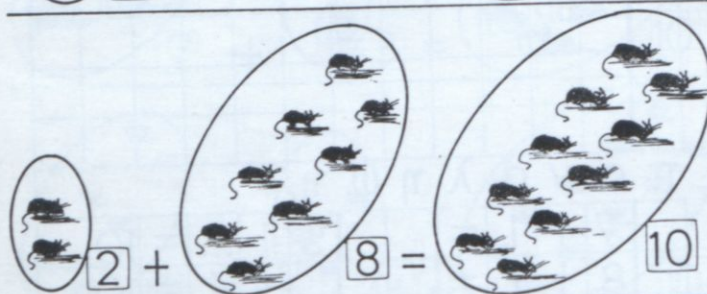
$4 + 6 = 10$



$3 + 7 = 10$



$2 + 8 = 10$



$1 + 9 = 10$



Άσκησης

Γράψε:

$4 + 6 = 10$

$4 + 6 = 10$

$3 + 7 = 10$

$3 + 7 = 10$

Γράψε:

$2 + 8 = 10$

$2 + 8 = 10$

$1 + 9 = 10$

$1 + 9 = 10$

Πόσα κάνουν;

$9 + 1 =$

$8 + 1 =$

$7 + 3 =$

$6 + 2 =$

$5 + 5 =$

$4 + 3 =$

$2 + 8 =$

$1 + 9 =$

$6 + 3 + 1 =$

$7 + 1 + 1 =$

$5 + 2 + 2 =$

$4 + 5 + 1 =$

$3 + 4 + 3 =$

$4 + 4 + 2 =$

$5 + 3 + 1 =$

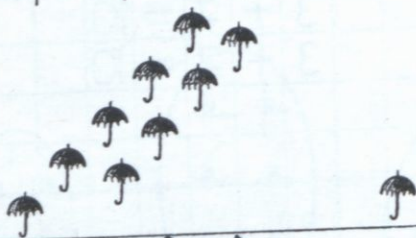
$5 + 3 + 2 =$

ΜΑΘΗΜΑ 45

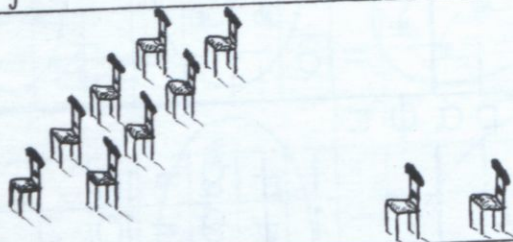
Αφαίρεση

Γράψε:

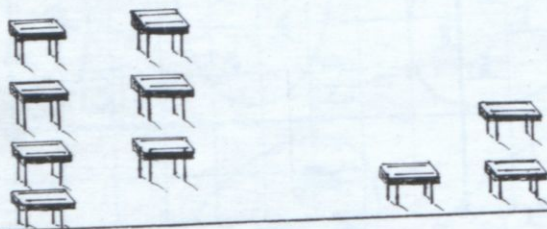
$$10 - 1 = 9$$



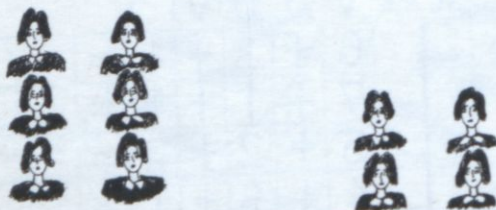
$$10 - 2 = 8$$



$$10 - 3 = 7$$



$$10 - 4 = 6$$



$$10 - 5 = 5$$



Πλάγιασε τὸ φύλλο
← ἀριστερά

-	...	=	7		
-	...	=	9		
-	...	=	5		
-	...	=	8		
-	...	=	6		

-	2	=			
-	3	=			
-	4	=			
-	5	=			
-	6	=			
-	3	=			
-	4	=			
-	5	=			
-	6	=			
-	5	=			

-	5	=			
-	5	=			
-	3	=			
-	2	=			
-	4	=			

ΜΑ
Αφαίρεση



Αφαίρεση
Πόσα μένουν;
Γράψε:

$$\frac{10 - 1 =}{\underline{\hspace{2cm}}}$$

$$10 - 2 =$$

...

$$10 - 3 =$$

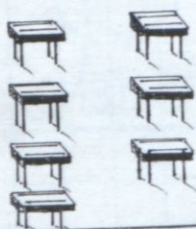
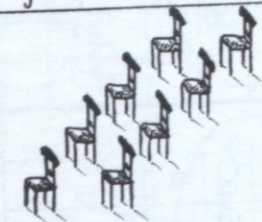
...

$$10 - 4 =$$

...

$$10 - 5 =$$

...



Άσκησης

$10 - 1 =$

$10 - 2 =$

$10 - 3 =$

$10 - 4 =$

$10 - 5 =$

$10 - \dots = 7$

$10 - \dots = 9$

$10 - \dots = 5$

$10 - \dots = 8$

$10 - \dots = 6$

Επανάληψη:

$10 - 1 =$

$9 - 1 =$

$8 - 1 =$

$7 - 1 =$

$6 - 1 =$

$5 - 1 =$

$4 - 1 =$

$3 - 1 =$

$2 - 1 =$

$1 - 1 =$

$10 - 2 =$

$9 - 3 =$

$8 - 4 =$

$7 - 5 =$

$6 - 6 =$

$10 - 3 =$

$9 - 4 =$

$8 - 5 =$

$7 - 6 =$

$6 - 5 =$

$10 - 4 =$

$9 - 2 =$

$8 - 2 =$

$7 - 4 =$

$6 - 0 =$

$10 - 5 =$

$9 - 5 =$

$8 - 3 =$

$7 - 2 =$

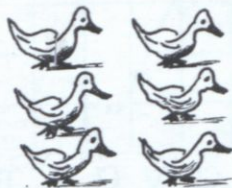
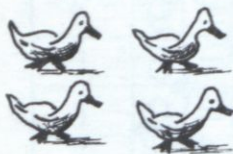
$6 - 4 =$

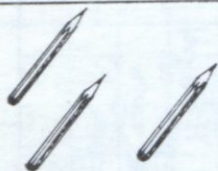
ΜΑΘΗΜΑ 46

Αφαίρεση

Γράψε:

$$10 - 6 = 4$$

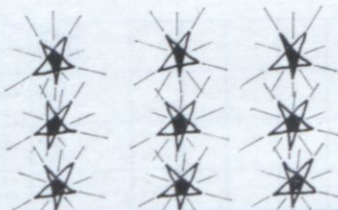




$$10 - 7 = 3$$



$$10 - 8 = 2$$



$$10 - 9 = 1$$



$$10 - 10 = 0$$



Πλάγιασε τό φύλλο
← αριστερά

...	=	2		
-----	---	---	--	--

...	=	4		
-----	---	---	--	--

...	=	0		
-----	---	---	--	--

...	=	3		
-----	---	---	--	--

...	=	1		
-----	---	---	--	--

⋮

9	=			
---	---	--	--	--

7	=			
---	---	--	--	--

5	=			
---	---	--	--	--

4	=			
---	---	--	--	--

3	=			
---	---	--	--	--

3	=			
---	---	--	--	--

2	=			
---	---	--	--	--

1	=			
---	---	--	--	--

2	=			
---	---	--	--	--

1	=			
---	---	--	--	--

0	=			
---	---	--	--	--

1	=			
---	---	--	--	--

2	=			
---	---	--	--	--

3	=			
---	---	--	--	--

4	=			
---	---	--	--	--

5	=			
---	---	--	--	--

ΜΑ

Αφαίρεση



Αφαίρεση
Πόσα μένουν;
Γράψε:

Γράψε:

$$10 - 6 =$$

...

$$10 - 7 =$$

...

$$10 - 8 =$$

...

$$10 - 9 =$$

...

$$10 - 10 =$$

...

Άσκησης

$10 - 6 =$

$10 - 7 =$

$10 - 8 =$

$10 - 9 =$

$10 - 10 =$

$10 - \dots = 2$

$10 - \dots = 4$

$10 - \dots = 0$

$10 - \dots = 3$

$10 - \dots = 1$

Επανάληψη:

$10 - 10 =$

$9 - 8 =$

$8 - 7 =$

$7 - 6 =$

$6 - 5 =$

$5 - 4 =$

$4 - 3 =$

$3 - 2 =$

$2 - 1 =$

$1 - 0 =$

$10 - 9 =$

$9 - 7 =$

$8 - 5 =$

$7 - 4 =$

$6 - 3 =$

$5 - 3 =$

$4 - 2 =$

$3 - 1 =$

$2 - 2 =$

$1 - 1 =$

$10 - 0 =$

$10 - 1 =$

$10 - 2 =$

$10 - 3 =$

$10 - 4 =$

$10 - 5 =$

$0 + 0 =$

$1 + 1 =$

$2 + 2 =$

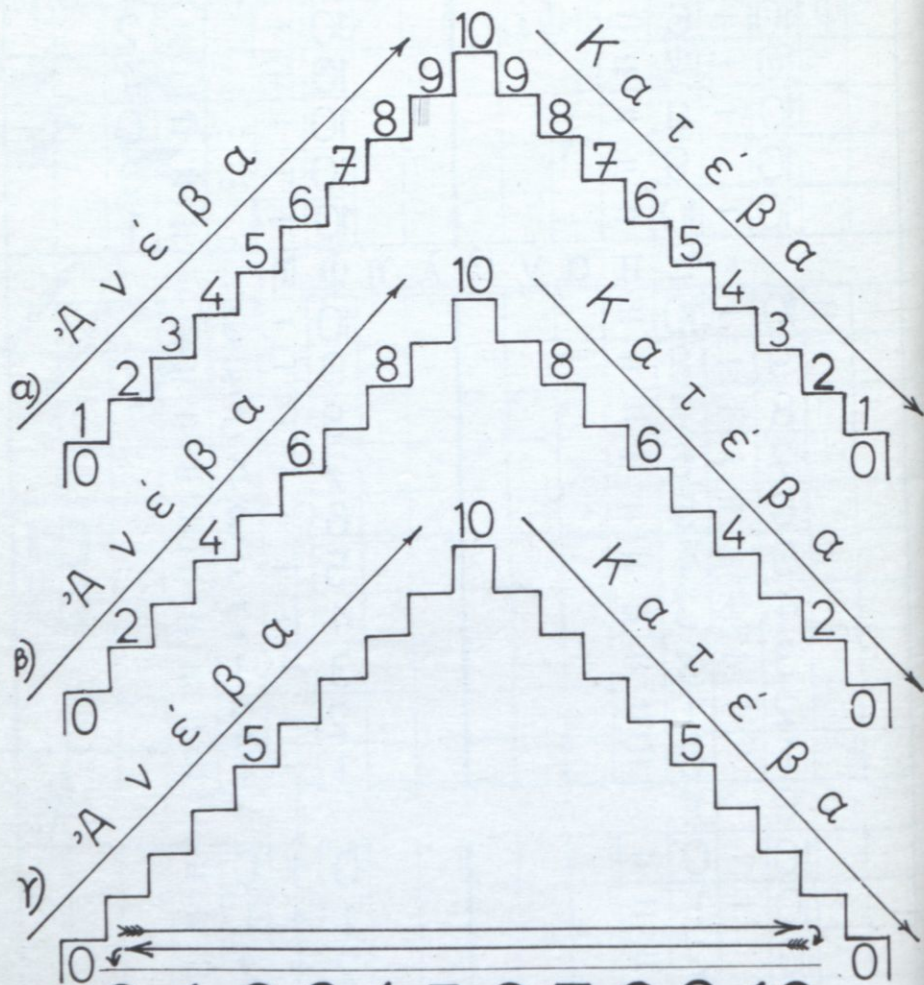
$3 + 3 =$

$4 + 4 =$

$5 + 5 =$

ΜΑΘΗΜΑ 47

Αρίθμηση ανά 1, ανά 2 και ανά 5



α) 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10.

β) 0, 2, 4, 6, 8, 10.

γ) 0, 5, 10.

Άσκησης

Άνεβαίνω ένα - ένα:

0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10.

0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10.

Γράψε:

»

Κατεβαίνω ένα - ένα:

10, 9, 8, 7, 6, 5, 4, 3, 2, 1, 0.

10, 9, 8, 7, 6, 5, 4, 3, 2, 1, 0.

Γράψε:

»

Άνεβαίνω δύο - δύο:

0, 2, 4, 6, 8, 10.

0, 2, 4, 6, 8, 10.

Γράψε:

»

Κατεβαίνω δύο - δύο:

10, 8, 6, 4, 2, 0.

10, 8, 6, 4, 2, 0.

Γράψε:

»

Άνεβαίνω και Κατεβαίνω πέντε - πέντε:

0, 5, 10. | 10, 5, 0.

0, 5, 10. | 10, 5, 0.

Γράψε:

»

ΜΑΘΗΜΑ 48

Γενική Επανάληψη από 0 μέχρι 10
Πρόσθεση και Αφαίρεση

0	+	1	=
1	+	1	=
2	+	1	=
3	+	1	=
4	+	1	=
5	+	1	=
6	+	1	=
7	+	1	=
8	+	1	=
9	+	1	=
10	+	0	=

10	-	0	=
10	-	1	=
9	-	1	=
8	-	1	=
7	-	1	=
6	-	1	=
5	-	1	=
4	-	1	=
3	-	1	=
2	-	1	=
1	-	1	=

0	+	2	=
2	+	2	=
4	+	2	=
6	+	2	=
8	+	2	=

10	-	2	=
8	-	2	=
6	-	2	=
4	-	2	=
2	-	2	=

0	+	3	=
3	+	3	=
6	+	3	=
7	+	3	=
0	+	4	=
4	+	4	=
6	+	4	=

10	-	3	=
9	-	3	=
8	-	3	=
7	-	3	=
6	-	3	=
5	-	3	=
4	-	3	=

Άσκησης
Γενική Έπανάληψη (συνέχεια)

$1 + 3 =$

$1 + 4 =$

$2 + 5 =$

$2 + 3 =$

$2 + 4 =$

$3 + 5 =$

$4 + 3 =$

$3 + 4 =$

$4 + 5 =$

$5 + 3 =$

$5 + 4 =$

$5 + 5 =$

$10 - 1 =$

$9 - 1 =$

$8 - 2 =$

$10 - 2 =$

$9 - 2 =$

$8 - 3 =$

$10 - 3 =$

$9 - 3 =$

$8 - 4 =$

$10 - 4 =$

$9 - 4 =$

$8 - 5 =$

$10 - 5 =$

$9 - 5 =$

$8 - 6 =$

$10 - 6 =$

$9 - 6 =$

$8 - 7 =$

$10 - 7 =$

$9 - 7 =$

$8 - 8 =$

$10 - 8 =$

$9 - 8 =$

$7 - 1 =$

$10 - 9 =$

$9 - 9 =$

$7 - 2 =$

$10 - 10 =$

$8 - 1 =$

$3 - 3 =$

$3 + 3 + 2 =$

$4 + 4 + 2 =$

$2 + 1 + 3 =$

$5 + 2 + 2 =$

$5 + 1 + 1 =$

$3 + 2 + 1 =$

$2 + 2 + 1 =$

$2 + 1 + 1 =$

$5 + 4 + 1 =$

$5 + 3 + 2 =$

ΣΗΜΕΙΩΣΗ του συγγραφέα για τὰ ΠΕΡΙΕΧΟΜΕΝΑ.

Στό 1ο τεύχος περιέχονται σέ 48 μαθήματα οί ἀριθμοί 0 μέχρι 10. Οί μαθητές αίσθητοποιούν, γράφουν καί συγκρίνουν τούς ἀριθμούς τῆς πρώτης δεκάδας μέ πρόσθεση, ἀφαίρεση καί διάφορες πρωτότυπες ασκήσεις.

Σάν μέσα αίσθητοποίησης χρησιμοποιούνται ποικίλα σχέδια ἀπό τό ἄμεσο περιβάλλον τοῦ παιδιοῦ, χωρίς βέβαια νά ἀποκλείωνται τὰ ἄλλα μέσα αίσθητοποίησης ἀπό τόν διδάσκοντα.

Τοποθετήσαμε τὰ σχέδια μέσα σέ ἐλλειψοειδῆ περιγράμματα γιατί ἔχομε τή γνώμη ὅτι ἔτσι οί μαθητές αίσθητοποιούν καλύτερα τούς ἀριθμούς. Ἐξάλλου κάνουν καί τήν πρώτη τους γνωριμία μέ τὰ διαγράμματα τοῦ J. Venn πού χρησιμοποιοῦνται στά Σύνολα.

Ἀποφύγαμε τήν πολυχρωμία γιατί πιστεύομε ὅτι ἔτσι ἀκολουθοῦμε τό πνεῦμα τοῦ Ἀναλυτικοῦ Προγράμματος τοῦ Ὑπουργείου σχετικά μέ τὰ ἐποπτικά μέσα γιά τήν αίσθητοποίηση τῶν ἀριθμῶν.

Ἡ συνέχεια τῶν μαθημάτων μέ ὅλες τίς πράξεις ἀπό 0—20, διάφορες πράξεις ἀπό 20—50 καθώς καί ἡ ὑπόλοιπη ὕλη τῆς Α΄ τάξης περιέχονται σέ 72 μαθήματα στό 2ο τεύχος.



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